

Läufer

gedruckt 25.04.2010 15:30:33

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Ergebnisse Männer

Platz	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Pos	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
1	2	Kigen, Wilfred	75	KEN	Team Asics/-	M35	1	1	2:09:22	0:30:02	1:00:37	1:31:24	2:02:36	1:03:56	1:05:26	3:03
2	11	Buta, Urige Arado	78	NOR	-/-	M30	1	2	2:09:27	0:30:03	1:00:38	1:31:24	2:02:32	1:03:57	1:05:30	3:04
3	8	Beraki, Beyene Zerea	85	ERI	-/-	MH	1	3	2:10:06	0:30:03	1:00:37	1:31:23	2:03:03	1:03:57	1:06:10	3:04
4	12	Kiprono, Justus Kipchi	87	KEN	-/-	MH	2	4	2:10:16	0:30:03	1:00:37	1:31:24	2:03:02	1:03:56	1:06:20	3:05
5	15	Kibowen, Kosgei Matth	83	KEN	-/-	MH	3	5	2:10:57	0:30:04	1:00:37	1:31:24	2:03:29	1:03:56	1:07:01	3:06
6	10	Caceres, Ignacio	67	ESP	-/-	M40	1	6	2:12:49	0:30:04	1:00:38	1:32:18	2:05:21	1:03:59	1:08:50	3:08
7	41	Bordier, Regis	85	FRA	-/-	MH	4	7	2:22:31	0:32:43	1:05:49	1:39:13	2:14:21	1:09:25	1:13:06	3:22
8	43	Jimenez, Alvaro	85	ESP	-/-	MH	5	8	2:23:48	0:32:43	1:05:49	1:39:09	2:15:27	1:09:25	1:14:24	3:24
9	42	Nothum, Vincent	78	LUX	-/-	M30	2	9	2:27:35	0:33:04	1:06:33	1:40:58	2:18:50	1:10:10	1:17:26	3:29
10	4400	Kreth, Magnus	76	GER	ASV Duisburg/Duisbur	M30	3	10	2:28:27	0:34:56	1:09:26	1:44:33	2:20:39	1:13:12	1:15:15	3:31
11	2900	Hendriksen, Jon-Paul	78	NZL	TH Eilbeck/Hamburg	M30	4	13	2:30:30	0:34:56	1:09:26	1:44:57	2:22:31	1:13:13	1:17:17	3:33
12	15404	Bekakcha, Mourad	78	ALG	Hamburger SV/Hambur	M30	5	14	2:30:43	0:34:54	1:09:23	1:44:54	2:22:02	1:13:10	1:17:34	3:34
13	5400	Hämmerling, Jan Oliver	70	GER	TSG Bergedorf/Hambu	M40	2	15	2:31:44	0:36:13	1:12:42	1:48:34	2:24:01	1:16:36	1:15:08	3:35
14	14001	Detlefsen, Torben	77	GER	Borener SV/Kiesby	M30	6	16	2:31:48	0:35:22	1:11:11	1:46:52	2:23:59	1:15:04	1:16:44	3:35
15	4600	Friari, Lauri	66	FIN	Finland/Mikkeli	M40	3	17	2:32:18	0:34:39	1:10:01	1:46:40	2:24:03	1:13:55	1:18:23	3:36
16	46	Boucif, Mohamed	85	FRA	-/-	MH	6	18	2:32:41	0:32:44	1:05:49	1:38:57	2:19:08	1:09:25	1:23:17	3:37
17	5901	Reissinger, Kai	71	GER	M.O.N./Pleinfeld	M35	2	19	2:32:44	0:35:23	1:11:07	1:47:13	2:24:28	1:14:51	1:17:53	3:37
18	88	Vulla, Elari	82	EST	-/-	MH	7	20	2:32:54	0:34:57	1:09:25	1:45:00	2:23:59	1:13:13	1:19:42	3:37
19	7601	Poulsen, Claus	64	DEN	Aarhus 1900/Tilst	M45	1	21	2:32:54	0:35:21	1:11:12	1:47:10	2:24:42	1:15:04	1:17:50	3:37
20	2700	Buchtrup Nielsen, Brian	76	DEN	Fredrikshofs FIF/14634	M30	7	24	2:34:15	0:35:26	1:11:16	1:47:20	2:25:34	1:15:09	1:19:06	3:39
21	7301	Egerer, Stefan	83	GER	LG Kreis Ansbach/Ingo	MH	8	25	2:34:18	0:36:06	1:12:11	1:48:07	2:25:52	1:16:03	1:18:15	3:39
22	11601	Marcusson, Anders	77	SWE	Rånäs 4H/Stockholm	M30	8	27	2:34:25	0:36:22	1:12:38	1:49:06	2:26:20	1:16:35	1:17:51	3:39
23	14101	Ernst, Günter	71	AUT	LSG Vorarlberg/Brege	M35	3	28	2:35:25	0:35:23	1:11:12	1:48:02	2:27:10	1:15:05	1:20:20	3:40
24	4501	Kremslehner, Christian	63	AUT	LCC Wien/Ardagger	M45	2	29	2:35:59	0:35:23	1:11:12	1:48:31	2:27:43	1:15:05	1:20:54	3:41
25	75	Lein, Andrus	74	EST	-/-	M35	4	30	2:36:22	0:35:23	1:11:12	1:47:44	2:27:44	1:15:06	1:21:17	3:42
26	73	Sitotaw, Alemayehu	62	NOR	-/Flaktveit	M45	3	31	2:36:24	0:36:10	1:12:42	1:49:50	2:28:07	1:16:41	1:19:43	3:42
27	3501	Struck, Olaf	68	GER	LG Albatros Kiel/24103	M40	4	32	2:36:45	0:36:43	1:13:59	1:50:39	2:28:19	1:18:03	1:18:43	3:42
28	12601	Forster, Peter	73	SUI	SSC Schweine Wipki	M35	5	33	2:36:50	0:35:31	1:12:38	1:50:16	2:28:31	1:16:36	1:20:14	3:42
29	93	Yano, Edwin	78	KEN	-/-	M30	9	34	2:36:57	0:36:12	1:12:42	1:50:21	2:29:01	1:16:39	1:20:18	3:43
30	12201	Gehse, Frank	67	GER	BSG Siemens / BSV H	M40	5	37	2:37:51	0:37:31	1:14:30	1:51:21	2:29:30	1:18:30	1:19:21	3:44
31	8101	Petersen, Christian	74	GER	TSV Ladelund/Damp	M35	6	38	2:38:07	0:36:11	1:12:39	1:50:18	2:29:11	1:16:38	1:21:30	3:44
32	9101	Rolfe, Kevin	67	USA	-/Hamburg	M40	6	39	2:38:23	0:36:25	1:12:58	1:50:11	2:29:29	1:16:55	1:21:28	3:45
33	4301	Schieffer, Michael	68	GER	Post-Sport-Telekom T	M40	7	40	2:38:48	0:37:07	1:14:31	1:52:08	2:30:30	1:18:36	1:20:12	3:45
34	13201	Prieske, Klaus	64	GER	LG Wedel-Pinneberg/	M45	4	41	2:39:12	0:36:47	1:14:05	1:51:16	2:30:41	1:18:10	1:21:02	3:46
35	4201	Fellner, Jürgen	71	AUT	ATV Irdning/Admont	M35	7	42	2:39:18	0:36:52	1:14:01	1:52:03	2:30:47	1:18:06	1:21:13	3:46
36	9301	Trauden, Frank	77	GER	-/Braunschweig	M30	10	43	2:39:49	0:37:15	1:15:08	1:52:54	2:31:27	1:19:16	1:20:34	3:47
37	12401	Ruohomäki, Dr. Jyrki	75	FIN	Keuruun Kisailijat/Jy	M35	8	44	2:39:50	0:37:17	1:14:44	1:52:33	2:31:29	1:18:46	1:21:05	3:47
38	12803	Kwaczik, Lukas	81	AUT	-/Biedermanssdorf	MH	9	45	2:39:51	0:37:14	1:14:41	1:52:27	2:31:06	1:18:45	1:21:07	3:47
39	13501	Köhler, Jens	68	GER	VfB Fallersleben/Wolf	M40	8	46	2:39:57	0:35:51	1:12:58	1:51:24	2:31:19	1:17:03	1:22:54	3:47
40	20108	Marinussen, Morten	84	DEN	Styrken Syd/Århus	MH	10	47	2:40:02	0:38:34	1:16:58	1:54:49	2:32:00	1:21:09	1:18:53	3:47
41	13001	Schipper, Torben	84	GER	HanseMercur/Hambur	MH	11	48	2:40:03	0:36:44	1:14:02	1:52:04	2:31:19	1:18:07	1:21:57	3:47
42	5001	Hellström, Dr. Magnus	75	FIN	Sjundeå IF/Esbo	M35	9	49	2:40:31	0:38:05	1:16:32	1:54:34	2:32:30	1:20:42	1:19:49	3:48
43	10701	Muluve, Paul	79	GER	Möbel Kraft Jubiläumsl	M30	11	50	2:40:39	0:38:18	1:16:50	1:54:34	2:32:28	1:20:58	1:19:42	3:48
44	14204	Sandvall, Thomas	75	FIN	-/Helsinki	M35	10	52	2:40:53	0:38:05	1:16:31	1:54:34	2:32:33	1:20:42	1:20:11	3:48
45	6501	Rottler, Andreas	67	GER	TuS Deuz/Siegen	M40	9	53	2:41:28	0:38:13	1:16:31	1:54:35	2:33:21	1:20:41	1:20:47	3:49
46	9943	Schepp, Jochen	64	GER	Flinke Flemhuder/Flem	M45	5	54	2:41:44	0:57:26						3:49
47	12501	Gehrig, Roman	69	SUI	Albis Marathon Reisen/	M40	10	55	2:41:44	0:36:30	1:13:48	1:51:57	2:32:49	1:17:53	1:23:52	3:49
48	5401	Nielsen, Prof. Anders L	66	DEN	Aarhus 1900/Aabyhoj	M40	11	56	2:41:52	0:37:15	1:15:14	1:54:03	2:33:23	1:19:27	1:22:25	3:50
49	12701	Annaheim, Simon	79	SUI	TV Oerlikon/Zürich	M30	12	57	2:41:54	0:36:52	1:14:02	1:52:06	2:32:54	1:18:05	1:23:50	3:50
50	6401	Breuer, Lars	64	GER	LG Brechen/Villmar	M45	6	58	2:41:59	0:38:15	1:16:38	1:54:35	2:33:00	1:20:44	1:21:15	3:50

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Platz	St-Nr.	Name	JG	NAT	Verein*Ort	AK	AK-Pl.	Pos	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
51	10005	Christensen, Michael	83	DEN	Aarhus 1900/Aarhus c	MH	12	59	2:42:06	0:38:31	1:16:51	1:54:43	2:33:13	1:21:03	1:21:04	3:50
52	2610	Hesse, Jörn	74	GER	Delligser SC/Delligsen	M35	11	60	2:42:18	0:37:16	1:15:08	1:53:27	2:33:28	1:19:16	1:23:02	3:50
53	11801	Härle, Ralf	63	GER	BSG Siemens / BSV H	M45	7	61	2:42:23	0:37:15	1:15:07	1:53:35	2:33:28	1:19:15	1:23:08	3:50
54	13601	Lüthi, Patric	65	SUI	www.vicsystem.com/Z	M45	8	62	2:42:32	0:37:43	1:15:24	1:53:18	2:33:29	1:19:30	1:23:02	3:51
55	901	Kost, Sven	77	GER	TSV Schloß Neuhaus/P	M30	13	63	2:42:40	0:36:45	1:14:02	1:51:42	2:33:16	1:18:07	1:24:34	3:51
56	201	Leppäkorpi, Timo	71	FIN	KU-58/Espoo	M35	12	64	2:42:51	0:38:01	1:16:41	1:55:05	2:34:00	1:20:53	1:21:59	3:51
57	6101	Wippel, Anton	64	AUT	ATV Irndning/Admont	M45	9	65	2:43:25	0:37:14	1:14:39	1:52:42	2:34:20	1:18:44	1:24:42	3:52
58	13202	Hops, Martin	78	GER	-/Willich	M30	14	66	2:43:26	0:38:58	1:17:20	1:55:13	2:34:40	1:21:27	1:21:59	3:52
59	9701	Sareban, Dr. Mahdi	80	AUT	Allgemeiner Turnverei	M30	15	67	2:43:44	0:37:14	1:14:30	1:51:21	2:32:22	1:18:31	1:25:13	3:52
60	13301	Zaicevas, Robertas	76	LTU	-/Vilnius	M30	16	68	2:44:17	0:36:22	1:14:28	1:54:13	2:35:21	1:18:44	1:25:34	3:53
61	11102	Kock, Christian	84	SWE	FK Studenterna/Sigtun	MH	13	69	2:44:26	0:38:37	1:16:58	1:54:45	2:35:07	1:21:10	1:23:16	3:53
62	5305	Rauma, Matti	82	FIN	-/Turku	MH	14	70	2:44:29	0:38:13	1:16:36	1:55:07	2:35:22	1:20:42	1:23:48	3:53
63	1303	Radke, Dirk	68	GER	Kaifu Tri Team/Hambur	M40	12	71	2:44:32	0:38:02	1:16:34	1:55:28	2:35:35	1:20:48	1:23:45	3:53
64	3401	Vogt, Dr. Eiko	73	GER	LG Stadtwerke Münche	M35	13	72	2:44:37	0:37:42	1:15:28	1:53:57	2:35:02	1:19:31	1:25:06	3:54
65	11698	Güssow, Christian	76	GER	HSV Hamburg/Hambu	M30	17	73	2:44:55	0:38:30	1:17:34	1:56:24	2:36:01	1:21:51	1:23:05	3:54
66	6205	Rütze, Martin	77	GER	BSG Beiersdorf / BSV f	M30	18	74	2:45:12	0:38:23	1:17:14	1:56:21	2:36:16	1:21:23	1:23:50	3:54
67	11101	Mortensen, Flemming	64	DEN	OGF/Odense	M45	10	75	2:45:14	0:38:44	1:17:16	1:55:57	2:36:23	1:21:25	1:23:50	3:54
68	19602	Brehm, Oliver	75	GER	Brehm-Titan-Runners/	M35	14	77	2:45:28	0:38:12	1:16:48	1:55:46	2:36:24	1:20:56	1:24:33	3:55
69	21903	Voss, Marcus	68	GER	Lauffreunde Bönen/Bön	M40	13	78	2:45:31	0:38:09	1:16:39	1:55:56	2:36:25	1:20:49	1:24:42	3:55
70	13801	Michalak, Claudius	84	GER	Möbel Kraft Jubiläumsl	MH	15	79	2:45:49	0:39:51	1:19:38	1:59:16	2:37:31	1:23:55	1:21:54	3:55
71	22303	Fridberg, Nick	80	DEN	-/Frederiksberg	M30	19	80	2:45:49	0:37:12	1:15:12	1:54:01	2:36:29	1:19:25	1:26:25	3:55
72	13101	Frelich, Martin	71	CZE	Sokol České Budejovi	M35	15	81	2:45:50	0:36:45	1:14:03	1:51:27	2:33:45	1:18:06	1:27:45	3:55
73	7001	Matuszewski, Maciej	77	POL	KB. Sroda Wlkp./Sroda	M30	20	82	2:45:57	0:39:23	1:18:38	1:57:41	2:37:14	1:22:56	1:23:01	3:55
74	5603	Mahr, Christoph	89	GER	LG Bremen-Nord/Brem	MH	16	83	2:46:00	0:38:32	1:17:05	1:55:43	2:36:49	1:21:16	1:24:45	3:56
75	14503	Greschner, Ronny	74	GER	Borener SV/Rieseby	M35	16	84	2:46:07	0:38:09	1:16:48	1:56:19	2:37:06	1:21:00	1:25:08	3:56
76	12001	Papenfuß, Ulf	79	GER	LG Wedel-Pinneberg/	M30	21	87	2:46:16	0:39:09	1:18:39	1:57:30	2:37:29	1:22:57	1:23:19	3:56
77	8702	Klimek, Frank	66	GER	-/Hamburg	M40	14	88	2:46:22	0:38:16	1:16:43	1:55:45	2:36:56	1:20:54	1:25:28	3:56
78	601	Wagner, Marco	79	GER	LAG Obere Murg/Gag	M30	22	92	2:47:32	0:37:46	1:16:34	1:56:16	2:37:49	1:20:45	1:26:47	3:58
79	2550	Drexl, Stefan	71	GER	SCW München Tria	M35	17	93	2:47:41	0:37:38	1:16:02	1:55:39	2:38:01	1:20:22	1:27:19	3:58
80	9501	Ranta, Dr. Veli-Matti	70	FIN	Finland/Lempäälä	M40	15	94	2:47:44	0:38:46	1:18:24	1:58:08	2:38:31	1:22:44	1:25:00	3:58
81	2300	Aijala, Timo	67	FIN	Teivo Stayers/Tamper	M40	16	95	2:47:45	0:38:07	1:17:10	1:57:07	2:38:08	1:21:27	1:26:18	3:58
82	1401	Schmitz, Volker	72	GER	LG Elmshorn/Elmshorn	M35	18	96	2:48:10	0:38:37	1:17:58	1:58:16	2:39:23	1:22:13	1:25:57	3:59
83	1905	Ehlers, Benjamin	78	GER	TH Eilbeck/Reinbek	M30	23	97	2:48:14	0:37:19	1:15:48	1:54:44	2:37:39	1:20:00	1:28:14	3:59
84	15205	Reinli, Rene	76	GER	-/Zug	M30	24	98	2:48:16	0:39:27	1:18:38	1:57:58	2:38:59	1:22:52	1:25:24	3:59
85	12101	Ahrens, Hans-Björn	79	GER	BSG Deutscher Ring / E	M30	25	99	2:48:18	0:39:15	1:18:46	1:58:51	2:39:28	1:23:05	1:25:14	3:59
86	15802	Allwang, Andreas	77	GER	Haar Disciples/Münche	M30	26	100	2:48:18	0:39:30	1:19:14	1:58:53	2:39:18	1:23:24	1:24:55	3:59
87	11201	Jakobsen, Gert	61	DEN	Team Oerum/Tjele	M45	11	101	2:48:23	0:38:45	1:17:56	1:57:54	2:39:27	1:22:13	1:26:10	3:59
88	16804	Schwarz, Dr. Marc	72	SUI	Triathlon Club Bodense	M35	19	102	2:48:39	0:39:05	1:18:36	1:58:50	2:39:52	1:22:55	1:25:45	3:59
89	16502	Sommer, Marc	72	GER	-/Ulm	M35	20	103	2:48:45	0:39:47	1:20:04	1:59:57	2:39:59	1:24:23	1:24:22	3:59
90	22202	Meneely, Hilton	63	GBR	USC Kiel/Kiel	M45	12	104	2:48:45	0:40:35	1:20:40	2:00:16	2:40:02	1:24:58	1:23:48	3:59
91	3801	Willems, Winfried	57	GER	DLC Aachen/Stolberg	M50	1	105	2:48:48	0:39:09	1:18:47	1:58:43	2:39:49	1:23:05	1:25:43	4:00
92	8202	Tribius, Dr. Thomas	64	GER	BSG OTTO / BSV HH	M45	13	106	2:48:51	0:37:41	1:16:31	1:56:55	2:39:30	1:20:43	1:28:09	4:00
93	4207	Heller, Hauke	89	GER	Triabolas Hamburg e.V	MH	17	107	2:48:52	0:40:43	1:21:00	2:00:25	2:40:19	1:25:14	1:23:38	4:00
94	12301	Wichmann, Oliver	81	GER	BSG Kurt Gaden / BS	MH	18	108	2:48:52	0:39:14	1:18:42	1:59:19	2:39:58	1:23:04	1:25:49	4:00
95	20404	Hoffmann De Ccahuana	90	GER	LG Wedel-Pinneberg/	MH	19	109	2:48:53	0:39:24	1:18:35	1:58:30	2:39:40	1:22:54	1:25:59	4:00
96	9105	Keßler, Martin	61	AUT	LSG Vorarlberg/Locha	M45	14	110	2:48:56	0:39:48	1:20:07	2:00:24	2:40:08	1:24:28	1:24:29	4:00
97	15202	Bundesen, Preben Ran	69	DEN	OGF/Odense M	M40	17	111	2:48:57	0:39:59	1:20:23	2:00:23	2:40:26	1:24:43	1:24:15	4:00
98	11505	Appelqvist, Kari	64	FIN	Vetelin Urheilijat/Helsin	M45	15	112	2:49:17	0:38:39	1:18:26	1:59:04	2:40:23	1:22:48	1:26:30	4:00
99	16607	Secker, Matthias	82	GER	-/Hamburg	MH	20	113	2:49:26	0:38:54	1:18:20	1:58:12	2:40:02	1:22:41	1:26:45	4:00
100	9601	Forsblom, Tomi	75	FIN	Teivo Stayers/Lempaal	M35	21	114	2:49:29	0:38:15	1:17:04	1:57:08	2:39:31	1:21:21	1:28:08	4:00

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Platz	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Pos	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
101	16604	Kanning, Matthias	75	GER	Deutsche Bahn/Münche	M35	22	115	2:49:31	0:39:18	1:18:43	1:59:12	2:40:36	1:23:01	1:26:30	4:01
102	4101	Almgren, Tor	64	SWE	FK Studenterna/Liding	M45	16	116	2:49:31	0:38:51	1:18:39	1:58:40	2:40:19	1:22:57	1:26:35	4:01
103	4905	Riley, Jonathan	67	GBR	AIRBUS SG/BSV HH/H	M40	18	117	2:49:33	0:39:42	1:19:48	2:00:20	2:40:47	1:24:09	1:25:25	4:01
104	20102	Grohmann, Hans	63	GER	TV 08 Wersau/Wersau	M45	17	118	2:49:39	0:39:31	1:19:32	1:59:55	2:40:45	1:23:55	1:25:44	4:01
105	5702	Hartmann, Moritz	80	GER	TriRockets/Bamberg	M30	27	119	2:49:41	0:38:05	1:16:32	1:55:39	2:38:53	1:20:42	1:29:00	4:01
106	12202	Fink, Oliver	68	GER	Fink Running Team/Ba	M40	19	120	2:49:45	0:39:34	1:19:24	1:59:21	2:40:51	1:23:42	1:26:03	4:01
107	8404	Wiezorek, Walter	64	GER	TSV Krofdorf-Gleiberg	M45	18	121	2:49:48	0:39:37	1:19:36	1:59:53	2:40:50	1:23:56	1:25:52	4:01
108	10301	Lehtimäki, Juha	73	FIN	Finland/Lempäälä	M35	23	122	2:49:52	0:38:48	1:18:41	1:58:38	2:40:27	1:22:58	1:26:54	4:01
109	9801	Lahti, Jari	65	FIN	Keuruun Kisailijat/Jy	M45	19	123	2:49:53	0:38:02	1:16:57	1:56:08	2:39:28	1:21:07	1:28:46	4:01
110	13004	Jungjohann, Kai	69	GER	-/Bad Segeberg	M40	20	124	2:50:00	0:39:38	1:19:33	1:59:40	2:40:59	1:23:52	1:26:08	4:01
111	3600	Terbrüggen, Christoph	75	GER	Team Terbrüggen/Lud	M35	24	125	2:50:02	0:40:57	1:20:33	2:00:12	2:40:48	1:24:48	1:25:14	4:01
112	11303	Steiner, Manfred	64	AUT	ALC Wels/Buchkirchen	M45	20	126	2:50:12	0:38:14	1:17:26	1:58:12	2:40:51	1:21:46	1:28:27	4:02
113	18802	Jordan, Andreas	73	GER	TSG Fürstenhagen/He	M35	25	127	2:50:18	0:39:07	1:19:11	1:59:48	2:41:14	1:23:33	1:26:45	4:02
114	22402	Waletzki, Jan-Mark	73	GER	RSV Vitalis Sangerhaus	M35	26	128	2:50:20	0:40:04	1:20:27	2:00:43	2:41:27	1:24:50	1:25:31	4:02
115	1605	Tonder, Jarmo	64	FIN	-/Ruokolathi	M45	21	129	2:50:23	0:38:49	1:18:42	1:59:11	2:41:08	1:23:05	1:27:19	4:02
116	9405	Wergeland, Oeystein	84	NOR	Mandal og Halse idre	MH	21	130	2:50:26	0:37:59	1:17:14	1:57:49	2:40:42	1:21:33	1:28:54	4:02
117	7401	Jensen, Tim	81	GER	LG Leinfelden-Echterd	MH	22	131	2:50:28	0:38:40	1:16:52	1:56:05	2:39:58	1:21:04	1:29:25	4:02
118	9303	Recknagel, Henning	69	GER	-/Thallwitz OT Nischwit	M40	21	132	2:50:34	0:39:39	1:19:50	2:00:20	2:41:27	1:24:11	1:26:23	4:02
119	1914	PLohr, Gunther	68	GER	BSG HSH Nordbank A	M40	22	133	2:50:38	0:40:35	1:20:40	2:00:17	2:41:41	1:24:58	1:25:40	4:02
120	11605	Nachtigall, Dr. Detlef	64	GER	Hamburger SV/Hambur	M45	22	134	2:50:43	0:39:51	1:19:43	2:00:15	2:41:26	1:24:08	1:26:36	4:02
121	19804	Kuppelwieser, Florian	67	ITA	Reschenseelauf Team/	M40	23	135	2:50:45	0:38:39	1:18:00	1:58:23	2:41:11	1:22:15	1:28:31	4:02
122	10501	Slawinski, Wieslaw	55	GER	Hamburger SV/Hambur	M55	1	136	2:51:02	0:38:25	1:18:01	1:58:27	2:41:44	1:22:16	1:28:47	4:03
122	20810	Juul, Rasmus	84	DEN	Aarhus Fremad/Aarhus	MH	23	136	2:51:02	0:40:46	1:21:11	2:02:23	2:42:33	1:25:36	1:25:27	4:03
124	6604	Dinkel, Thomas	72	SUI	-/Ennetbürgen	M35	27	138	2:51:03	0:39:45	1:19:47	2:00:16	2:42:11	1:24:08	1:26:55	4:03
125	6605	Totzke, Lars	66	GER	LAV Hamburg-Nord/H	M40	24	139	2:51:04	0:38:21	1:18:03	1:58:27	2:41:03	1:22:23	1:28:41	4:03
126	1228	Kurmann, Roger	66	SUI	-/Adliswil	M40	25	140	2:51:15	0:39:26	1:19:43	2:00:24	2:42:15	1:24:06	1:27:09	4:03
127	18002	Pescheta, Donato	83	SUI	LC Effretikon VR/Grafst	MH	24	141	2:51:18	0:39:46	1:19:39	2:00:00	2:41:41	1:23:58	1:27:21	4:03
128	2200	Okkonen, Jussi	73	FIN	Sjundeå IF/Oulu	M35	28	142	2:51:20	0:38:12	1:17:10	1:57:38	2:41:34	1:21:26	1:29:54	4:03
129	18304	Haughuus, Dr. Jan	66	DEN	Palsgaard Træ/Horsen	M40	26	143	2:51:30	0:39:23	1:19:08	1:59:48	2:42:32	1:23:29	1:28:01	4:03
130	5501	Scheichel, Thomas	70	AUT	-/Krems	M40	27	144	2:51:37	0:39:11	1:18:48	1:58:45	2:41:14	1:23:06	1:28:31	4:04
131	20402	Lipphardt, Martin	78	GER	LG Uni Lübeck/Lübeck	M30	28	145	2:51:40	0:38:47	1:19:13	1:59:23	2:42:10	1:23:32	1:28:09	4:04
132	4801	Schwarz, Christopher	77	GER	Spiridon Schleswig/Sch	M30	29	147	2:51:49	0:39:47	1:20:06	2:00:25	2:42:18	1:24:26	1:27:24	4:04
133	14209	Kührmann, Sven	70	GER	LBV Phönix Lübeck/Ha	M40	28	148	2:51:52	0:42:00	1:23:26	2:04:11	2:44:00	1:27:54	1:23:59	4:04
134	11701	Hiekmann, Thorben	79	GER	Philips LG BSV HH/Har	M30	30	150	2:51:57	0:37:19	1:15:48	1:55:21	2:41:27	1:19:59	1:31:58	4:04
135	14902	Paske, Matthias	68	GER	Halle (Saale)/Halle/ Sa	M40	29	151	2:51:59	0:40:46	1:21:55	2:02:46	2:43:20	1:26:22	1:25:37	4:04
136	1603	Kroenke, Christian	67	GER	-/Muenchen	M40	30	152	2:52:03	0:39:39	1:19:56	2:00:45	2:43:12	1:24:19	1:27:44	4:04
137	13703	Thomsen, Nikolaj	69	DEN	-/Risskov	M40	31	153	2:52:05	0:40:22	1:21:13	2:01:51	2:43:10	1:25:38	1:26:28	4:04
138	11903	Fritzsche, Torsten	63	GER	Spiridon Schleswig/Nüt	M45	23	154	2:52:10	0:39:14	1:18:39	1:58:55	2:42:12	1:22:59	1:29:12	4:04
139	15302	Gansen, Andre	63	GER	-/Gummersbach	M45	24	155	2:52:27	0:38:46	1:18:14	1:58:58	2:42:34	1:22:31	1:29:56	4:05
140	3404	Okyay, Timur	80	GER	Türkyay Zeitasage/Bo	M30	31	156	2:52:27	0:40:18	1:20:25	2:01:10	2:43:10	1:24:47	1:27:40	4:05
141	5101	Nzayihorana, Innocent	70	GER	B+M Laufteam/Kiel	M40	32	157	2:52:27	0:38:33	1:18:26	1:59:07	2:42:32	1:22:47	1:29:41	4:05
142	5005	Weinrich-Mory, Arne	73	GER	TH Eilbeck/Hamburg	M35	29	158	2:52:27	0:39:25	1:18:36	1:58:18	2:43:08	1:22:51	1:29:37	4:05
143	21704	Stryhn, Anders	78	DEN	-/Aalborg	M30	32	159	2:52:46	0:39:12	1:18:34	1:58:42	2:41:55	1:22:52	1:29:54	4:05
144	603	Büchel, Matthias	82	GER	-/Hamburg	MH	25	160	2:52:48	0:41:08	1:22:05	2:03:18	2:44:29	1:26:34	1:26:14	4:05
145	12004	Jendrysik, Dieter-Wilhel	65	GER	-/Hamburg	M45	25	161	2:52:48	0:39:26	1:19:43	2:00:53	2:43:33	1:24:05	1:28:44	4:05
146	1105	Dietrich, Eike	70	GER	Freizeitsportverein Köth	M40	33	162	2:52:49	0:39:21	1:18:56	1:59:52	2:43:22	1:23:20	1:29:30	4:05
147	7201	Marti Martin, Dr. Antoni	73	ESP	C.A. Fidipides/Palma D	M35	30	163	2:52:52	0:39:33	1:19:50	2:00:23	2:42:47	1:24:11	1:28:41	4:05
148	4504	Hagensen, Klaus	82	DEN	Århus 1900/Trige	MH	26	164	2:52:55	0:39:29	1:19:37	1:59:54	2:42:54	1:23:56	1:29:00	4:05
149	13203	Faurby, Morten	70	DEN	Taulov Motion/Frederi	M40	34	165	2:52:56	0:40:31	1:20:41	2:00:42	2:42:58	1:25:01	1:27:55	4:05
150	10203	Kaiser, Michael	64	GER	belalaSola/Bochol	M45	26	166	2:52:58	0:39:33	1:19:27	1:59:16	2:42:40	1:23:42	1:29:16	4:05

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Platz	St-Nr.	Name	JG	NAT	Verein*Ort	AK	AK-Pl.	Pos	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
151	8402	Eigenbrodt, Fabian	82	GER	SC Oberlahn/Merenbe	MH	27	167	2:52:59	0:39:51	1:19:59	2:00:14	2:43:02	1:24:17	1:28:43	4:05
152	5404	Ramos Cabrera, Dr. Je	64	ESP	FIDIPIDES/3b	M45	27	168	2:53:06	0:38:50	1:18:31	1:59:03	2:43:20	1:22:51	1:30:15	4:06
153	19702	Hempel, Stephan	61	GER	-/Berlin	M45	28	169	2:53:22	0:39:48	1:19:48	2:00:22	2:43:39	1:24:08	1:29:14	4:06
154	20303	Freitag, Dr. Michael	73	GER	Padjelanta/Buchholz	M35	31	170	2:53:23	0:40:17	1:21:02	2:03:02	2:44:41	1:26:00	1:27:24	4:06
155	10505	Vardi, Yotam	65	ISR	Larutz Lhevre/Lehavim	M45	29	171	2:53:32	0:41:19	1:22:31	2:03:28	2:44:22	1:26:58	1:26:35	4:06
156	14303	Gaipl, Matthias	83	GER	-/Jena	MH	28	172	2:53:36	0:41:03	1:21:23	2:02:20	2:44:22	1:25:44	1:27:52	4:06
157	18602	Sillesen, Søren	67	DEN	Vejele IF/Horsens	M40	35	173	2:53:36	0:40:23	1:21:15	2:02:35	2:44:20	1:25:42	1:27:54	4:06
158	20903	Megias, Fernando	57	ESP	C.A. Fidipides/Marratxi	M50	2	174	2:53:40	0:41:47	1:22:58	2:02:49	2:44:31	1:27:24	1:26:17	4:06
159	6403	Müller, Stefan	69	GER	-/Alsdorf	M40	36	175	2:53:41	0:39:45	1:20:18	2:01:25	2:44:30	1:24:42	1:28:59	4:06
160	7103	Eis, Michael	66	GER	SCC Berlin/Berlin	M40	37	176	2:53:41	0:39:15	1:18:23	1:58:54	2:43:26	1:22:42	1:30:59	4:06
161	19503	Sixtus, Florian	73	GER	Colognerunners/Köln	M35	32	177	2:53:41	0:40:45	1:22:18	2:03:36	2:45:12	1:26:41	1:27:01	4:06
162	4401	Untermoser, Christian	73	AUT	LG Wien by Intersport E	M35	33	178	2:53:43	0:38:45	1:18:57	2:00:38	2:44:12	1:23:24	1:30:19	4:07
163	6105	Gruhlich, Florian	83	GER	BSG Polizei Hamburg /	MH	29	179	2:53:43	0:41:14	1:22:42	2:04:00	2:45:12	1:27:06	1:26:38	4:07
164	20703	Petermann, Jan	67	GER	Marathon-Club Bremen	M40	38	180	2:53:43	0:39:40	1:19:54	2:00:32	2:44:20	1:24:16	1:29:28	4:07
165	21310	Munk Hansen, Mikael	81	DEN	Aarhus 1900/Århus N	MH	30	181	2:53:45	0:41:51	1:21:55	2:02:02	2:43:58	1:26:14	1:27:32	4:07
166	3403	Kotro, Mika	63	FIN	Abgehts 09/Hofheim a	M45	30	182	2:53:52	0:40:34	1:21:38	2:02:47	2:44:47	1:25:57	1:27:55	4:07
167	2307	Lehmann, Jörg	80	GER	SV Eickenrode/Hanno	M30	33	183	2:53:54	0:41:40	1:23:34	2:04:27	2:45:18	1:28:03	1:25:51	4:07
168	20403	Eckenbach, Bernd	70	GER	SCR Altdorf/Altdorf	M40	39	184	2:53:54	0:40:11	1:21:05	2:02:39	2:44:27	1:25:34	1:28:21	4:07
169	3902	Lubeseder, André	68	GER	TH Eilbeck/Hamburg	M40	40	185	2:53:55	0:41:10	1:22:23	2:03:24	2:44:50	1:26:51	1:27:05	4:07
170	15803	Redder, Palle	59	DEN	Odder Atletik & Motion	M50	3	186	2:53:56	0:40:54	1:22:24	2:03:48	2:45:08	1:26:52	1:27:04	4:07
171	2102	Jesenko, Dr. Rupert	62	AUT	Bike Team Köttmannsd	M45	31	187	2:53:56	0:37:57	1:16:56	1:58:24	2:43:50	1:21:14	1:32:42	4:07
172	10463	Röhrs, Dr. Michael	63	GER	TV Jahn Schneverding	M45	32	188	2:54:03	0:38:48	1:18:27	1:58:56	2:43:38	1:22:50	1:31:13	4:07
173	24059	Wiegels, Dirk	61	GER	-/Hamburg	M45	33	189	2:54:04	0:41:28	1:22:49	2:03:31	2:45:00	1:27:20	1:26:44	4:07
174	18804	Willuweit, Tobias	78	GER	-/Neuss	M30	34	190	2:54:06	0:39:19	1:18:43	1:59:36	2:43:40	1:23:06	1:31:00	4:07
175	11901	Wittmar, Johannes	81	GER	BSG OTTO / BSV HH	MH	31	191	2:54:13	0:42:23	1:24:35	2:05:38	2:45:30	1:29:07	1:25:06	4:07
176	21803	Nowacki, Witek	73	POL	-/61-608	M35	34	192	2:54:14	0:38:45	1:18:05	2:01:20	2:44:57	1:22:23	1:31:51	4:07
177	6405	Dankers, Heinz	60	GER	BSG Polizei Hamburg /	M50	4	193	2:54:17	0:38:23	1:18:04	1:59:05	2:43:53	1:22:24	1:31:53	4:07
178	16004	Zschirpe, Markus	74	GER	TSG Kleinostheim/Ma	M35	35	194	2:54:19	0:39:15	1:19:48	2:00:30	2:44:18	1:24:08	1:30:11	4:07
179	904	Laufenberg, Ludger	63	GER	-/Lüdenscheid	M45	34	195	2:54:19	0:40:17	1:20:34	2:01:17	2:44:34	1:24:50	1:29:30	4:07
180	11805	Ojansuu, Harri	54	FIN	Varala Marathon Club,	M55	2	196	2:54:30	0:38:45	1:18:49	2:00:50	2:44:44	1:23:14	1:31:16	4:08
181	4305	Rochau, Lothar	52	GER	Möbel Kraft Jubiläums	M55	3	197	2:54:32	0:38:57	1:19:12	2:00:46	2:44:37	1:23:38	1:30:55	4:08
182	19885	Ischdonat, Nils	85	GER	NTSV/Hamburg	MH	32	198	2:54:37	0:39:28	1:18:41	1:59:07	2:44:53	1:22:55	1:31:43	4:08
183	6502	Wegmann, Christian	68	GER	Saltsjöbadens IF/Salts	M40	41	199	2:54:44	0:40:17	1:21:19	2:03:03	2:45:49	1:25:47	1:28:57	4:08
184	14710	Scholz, Thoralf	66	GER	Möbel Kraft Jubiläums	M40	42	200	2:54:47	0:39:31	1:19:40	1:59:37	2:44:23	1:23:58	1:30:50	4:08
184	577	Rotzoll, Matthias	73	GER	Itzehoer Speedalliance	M35	36	200	2:54:47	0:43:01	1:24:16	2:04:42	2:45:25	1:28:45	1:26:03	4:08
186	22302	Pohl, Christian	62	GER	Klavierbau Pohl/Berlin	M45	35	202	2:54:47	0:40:54	1:21:48	2:03:11	2:45:13	1:26:16	1:28:31	4:08
187	11504	Huppmann, Matthias	64	GER	LGV Marathon Giess	M45	36	203	2:54:47	0:40:53	1:22:02	2:03:08	2:45:27	1:26:32	1:28:16	4:08
188	6102	Kainz, Christian	75	AUT	-/Weitendorf	M35	37	204	2:54:49	0:41:49	1:24:11	2:05:24	2:46:04	1:28:40	1:26:10	4:08
189	17502	Dahl Bruun, Lars	81	DEN	Kolding Motion/Egtved	MH	33	205	2:54:51	0:39:43	1:20:14	2:01:03	2:44:46	1:24:37	1:30:14	4:08
190	13401	Pfingst, Michael	68	GER	MTV Heide/Tellingste	M40	43	206	2:54:54	0:37:51	1:17:17	1:58:48	2:44:20	1:21:48	1:33:07	4:08
191	12405	Gigler, Robert	72	AUT	-/Malta	M35	38	207	2:54:55	0:38:02	1:18:31	2:01:00	2:45:43	1:22:59	1:31:57	4:08
192	4603	Orth, Frank	64	GER	TuS Ormesheim/Mand	M45	37	208	2:54:55	0:41:01	1:22:08	2:03:23	2:45:17	1:26:34	1:28:22	4:08
193	14804	Bielmann, Kai	76	GER	SV Hertha Otze/Burgd	M30	35	209	2:54:57	0:38:12	1:18:12	2:00:16	2:44:38	1:22:43	1:32:14	4:08
194	16108	Korsbek, Ulrik	75	DEN	Aarhus 1900/Aarhus C	M35	39	210	2:54:57	0:40:44	1:21:08	2:02:24	2:44:08	1:25:33	1:29:25	4:08
195	19704	Svane, Jesper	90	DEN	OTK/Odense M	MH	34	211	2:55:01	0:42:00	1:24:30	2:05:56	2:46:20	1:29:01	1:26:00	4:08
196	6704	Mosel, Wolfgang	64	GER	SG Aufbau Boizenbur	M45	38	212	2:55:04	0:38:57	1:18:31	1:58:47	2:44:22	1:22:54	1:32:10	4:08
197	2540	Jennrich, Fabian	90	GER	TC Friedrichsgabe/Nor	MH	35	213	2:55:08	0:43:49	1:23:37	2:03:05	2:45:31	1:27:52	1:27:16	4:09
198	21603	Jefferies, Christopher	72	GBR	North York Moors Athl	M35	40	214	2:55:10	0:39:51	1:21:01	2:02:52	2:45:22	1:25:33	1:29:38	4:09
199	21102	Hanekamp, Klaus	69	GER	Sparta Werlte/Werlte	M40	44	215	2:55:12	0:41:33	1:23:00	2:04:06	2:46:01	1:27:32	1:27:41	4:09
200	19103	Berg, Jan	71	DEN	Greve Trim Motionsklu	M35	41	216	2:55:14	0:40:56	1:22:14	2:03:20	2:45:57	1:26:40	1:28:34	4:09

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Ergebnisse Männer

Platz	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Pos	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
201	21303	Wende, Patrick	69	GER	TSV Kirchdorf/Gehrde	M40	45	217	2:55:17	0:41:22	1:22:58	2:04:45	2:46:25	1:27:33	1:27:44	4:09
202	20104	Brix, Lars	67	DEN	Smt-Silkeborg/Silkebor	M40	46	218	2:55:17	0:40:57	1:22:41	2:04:13	2:46:32	1:27:16	1:28:02	4:09
203	18409	Banck, Sönke	67	GER	ERGOsports Hambur	M40	47	219	2:55:17	0:40:13	1:19:33	2:00:11	2:44:42	1:23:53	1:31:25	4:09
204	18404	C.H. Schmidt, Dr. John	68	DEN	Atletica Horsens/Horse	M40	48	220	2:55:22	0:40:52	1:22:38	2:04:21	2:46:28	1:27:11	1:28:11	4:09
205	4008	Dick, Nils	79	GER	BSG Springorum Boch	M30	36	221	2:55:22	0:40:37	1:21:44	2:02:54	2:45:23	1:26:13	1:29:10	4:09
206	516	Carstensen, Michael	64	GER	LG HNF Hamburg/Ha	M45	39	222	2:55:25	0:40:31	1:21:53	2:03:38	2:46:30	1:26:21	1:29:04	4:09
207	13348	Brinkmann, Klaus	48	GER	SV Bad Laer/Bad Laer	M60	1	223	2:55:27	1:03:35	2:08:16			2:15:12	0:40:15	4:09
208	9310	Hubert Jensen, Thoma	79	DEN	Køge Tri Team/Køge	M30	37	224	2:55:28	0:41:51	1:23:15	2:04:30	2:46:17	1:27:44	1:27:44	4:09
209	8507	Weik, Gerald	67	GER	TSG Backnang/Backn	M40	49	225	2:55:31	0:40:12	1:20:19	2:02:23	2:45:48	1:25:01	1:30:30	4:09
210	9603	Bayer, Thomas	68	GER	TSV Rot-Weiß Körle/	M40	50	226	2:55:31	0:41:55	1:23:20	2:04:50	2:46:22	1:27:41	1:27:50	4:09
211	1601	Sørensen, Christian	68	DEN	Sparta/Gentofte	M40	51	227	2:55:32	0:38:47	1:18:05	1:58:22	2:44:23	1:22:23	1:33:09	4:09
212	11207	Wünsch, Gregor	77	GER	Pro Sport Berlin 24/Be	M30	38	228	2:55:36	0:41:16	1:22:40	2:04:02	2:45:52	1:27:07	1:28:29	4:09
213	15110	Richter, Patrick	74	GER	Möbel Kraft Jubiläums	M35	42	229	2:55:38	0:39:33	1:19:41	2:00:52	2:45:57	1:23:56	1:31:42	4:09
214	20604	Fritsche, Jörg	65	GER	LG Rosengarten/Rose	M45	40	230	2:55:38	0:39:51	1:20:09	2:01:24	2:45:56	1:24:33	1:31:06	4:09
215	15819	Bär, Michael	64	GER	-Fürstenfeldbruck	M45	41	231	2:55:40	0:41:57	1:22:24	2:03:04	2:46:00	1:26:44	1:28:56	4:09
216	6603	Bilz, Uwe	69	GER	LT Freigericht/Linsenge	M40	52	232	2:55:42	0:41:18	1:22:16	2:04:01	2:46:16	1:26:47	1:28:55	4:09
217	11802	Ibach, Thomas	60	GER	SC Gaggenau- Berli	M50	5	233	2:55:48	0:41:10	1:22:29	2:03:58	2:46:22	1:26:57	1:28:51	4:09
218	6204	Hoffmann, Thilo	76	GER	-Taufkirchen	M30	39	234	2:55:49	0:41:34	1:22:34	2:03:14	2:46:12	1:26:58	1:28:51	4:09
219	12110	Dethloff, Patrick	80	GER	Lauftreff Reinbek/Wentr	M30	40	235	2:55:50	0:41:18	1:22:26	2:03:44	2:46:23	1:26:50	1:29:00	4:10
220	11905	Klos, Stefan	63	GER	-Berlin	M45	42	236	2:55:52	0:40:43	1:22:00	2:03:41	2:46:32	1:26:32	1:29:21	4:10
221	17902	Maurer, Roland	63	AUT	SK Rueckenwind Tria	M45	43	237	2:55:54	0:40:53	1:22:18	2:03:48	2:46:25	1:26:46	1:29:08	4:10
222	1504	Diekmann, Bernd	72	GER	BSG Sparkasse Brem	M35	43	238	2:55:55	0:41:08	1:22:41	2:04:00	2:46:30	1:27:07	1:28:48	4:10
223	1211	Andersen, Thomas	75	NOR	Hjørring/Bispevænget	M35	44	239	2:55:56	0:38:00	1:17:12	1:58:08	2:44:18	1:21:32	1:34:24	4:10
224	6110	Perez, Juan Manuel	78	ESP	-Hospitalet De Llobreg	M30	41	240	2:55:56	0:40:49	1:21:55	2:02:55	2:46:02	1:26:17	1:29:40	4:10
225	4164	Schüller, Sebastian	82	GER	Jokeiba-Team Hamburg	MH	36	241	2:55:58	0:37:22	1:16:53	1:59:17	2:45:21	1:21:14	1:34:45	4:10
226	9202	Vetter, Andreas	83	GER	Helmut-Schmidt-Univer	MH	37	242	2:55:59	0:39:11	1:19:54	2:01:15	2:46:08	1:24:24	1:31:35	4:10
227	10702	Straßburg, Jürgen	62	GER	LG Hünxe/Hünxe	M45	44	243	2:56:02	0:40:52	1:22:42	2:04:30	2:46:57	1:27:10	1:28:52	4:10
228	19420	Lichtenegger, Franz	56	AUT	Team Sport Lichtene	M50	6	244	2:56:08	0:40:04	1:20:56	2:02:21	2:45:39	1:25:22	1:30:46	4:10
229	12103	Fohn, Michael	66	AUT	Sportunion Klagenfurt/	M40	53	245	2:56:08	0:40:34	1:21:27	2:02:47	2:46:11	1:25:46	1:30:22	4:10
230	10703	Mero, Thorsten	73	GER	TV Konzen/Monschau	M35	45	246	2:56:09	0:40:10	1:21:30	2:03:13	2:46:27	1:25:59	1:30:11	4:10
231	21404	Blauenfeldt, Rolf	84	DEN	Århus 1900 triathlon	MH	38	247	2:56:13	0:39:48	1:20:05	2:01:26	2:46:08	1:24:29	1:31:44	4:10
232	4917	Gius, Sven	69	GER	MTP Hersbruck/Reich	M40	54	248	2:56:17	0:41:59	1:23:49	2:05:15	2:46:52	1:28:22	1:27:56	4:10
233	3203	Witzke, Torsten	74	GER	Spiridon Frankfurt/Obe	M35	46	249	2:56:21	0:40:13	1:21:09	2:02:33	2:46:16	1:25:37	1:30:45	4:10
234	6804	Wessels, Torsten	86	GER	TuS Haren/Haren / Em	MH	39	250	2:56:25	0:41:21	1:22:45	2:03:52	2:46:24	1:27:13	1:29:13	4:10
235	20904	Alho, Dr. Vesa	62	FIN	Tampereen Juoksija	M45	45	251	2:56:30	0:40:07	1:21:26	2:03:08	2:46:49	1:25:55	1:30:36	4:10
236	6503	Akrim, Said	65	DEN	Sparta/St.th	M45	46	252	2:56:31	0:41:09	1:22:31	2:03:55	2:46:53	1:27:00	1:29:32	4:11
237	10405	Deutsch, Rene	70	AUT	MT Hausmannstätten/	M40	55	253	2:56:32	0:41:45	1:23:52	2:05:39	2:47:31	1:28:27	1:28:06	4:11
238	7703	Lukes, Thomas	73	GER	-Homburg	M35	47	254	2:56:34	0:40:55	1:22:26	2:03:56	2:46:48	1:26:55	1:29:40	4:11
239	4102	Palmé, Joachim	68	SWE	Stockholm City Triath	M40	56	255	2:56:35	0:40:18	1:21:18	2:03:00	2:46:45	1:25:47	1:30:49	4:11
240	8005	Borer, Claude	67	SUI	Old Boys Basel/Riehen	M40	57	256	2:56:46	0:40:45	1:21:52	2:02:41	2:46:44	1:26:16	1:30:30	4:11
241	8201	Rothmann, Levent	67	GER	Elixia Berlin/Berlin	M40	58	257	2:56:47	0:41:28	1:23:39	2:05:20	2:47:32	1:28:20	1:28:28	4:11
242	3005	Kjaer, Morten	88	DEN	Marathon Travel Club/	MH	40	258	2:56:48	0:42:02	1:23:57	2:06:04	2:47:50	1:28:33	1:28:16	4:11
243	21207	Niekamp, Michael	64	GER	-Sommerkahl	M45	47	259	2:56:54	0:42:03	1:24:41	2:06:33	2:48:02	1:29:14	1:27:41	4:11
244	16202	Haider, Stefan	62	GER	FC Dombühl/91601	M45	48	260	2:56:56	0:40:39	1:22:17	2:03:47	2:47:10	1:26:43	1:30:13	4:11
245	12205	Hedgren, Harri	59	FIN	-Helsinki	M50	7	261	2:56:56	0:40:31	1:21:22	2:02:52	2:46:39	1:25:48	1:31:08	4:11
246	8805	Hintz, Stefan	68	GER	-Netphen	M40	59	262	2:56:58	0:40:57	1:22:08	2:03:59	2:47:27	1:26:36	1:30:23	4:11
247	7701	Tschertou, Philipp	65	AUT	Biketeam KÖTTMANN	M45	49	263	2:56:59	0:40:11	1:21:00	2:02:30	2:46:50	1:25:29	1:31:30	4:11
248	7710	Lutsenko, Sergey	76	RUS	Sportklub "KGTU"/Kali	M30	42	264	2:57:01	0:39:17	1:18:31	2:00:50	2:46:34	1:22:51	1:34:10	4:11
249	10902	Mason, Andrew	84	GBR	Airbus/Hamburg	MH	41	265	2:57:04	0:39:43	1:19:48	2:00:20	2:45:24	1:24:09	1:32:56	4:11
250	11405	Hartwig, Christian	72	GER	SSC Hanau-Rodenba	M35	48	266	2:57:08	0:40:16	1:21:13	2:02:42	2:47:26	1:25:37	1:31:31	4:11

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Platz	St-Nr.	Name	JG	NAT	Verein*Ort	AK	AK-Pl.	Pos	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
251	7303	Halbreiter, Bernd	65	GER	Buxtehuder SV/Buxteh	M45	50	267	2:57:11	0:40:00	1:20:10	2:00:20	2:45:42	1:24:28	1:32:44	4:11
252	19603	Scheiermann, Marcus	72	GER	-/Rheinfelden	M35	49	268	2:57:12	0:41:13	1:22:43	2:03:58	2:46:50	1:27:17	1:29:55	4:11
253	10205	Køppen, Asger	82	DEN	-/Århus V	MH	42	269	2:57:12	0:41:20	1:22:52	2:04:43	2:47:29	1:27:25	1:29:48	4:11
254	13603	Väisänen, Mikael	64	GER	IFK Skövde/Aachen	M45	51	270	2:57:21	0:41:55	1:23:59	2:06:14	2:48:21	1:28:34	1:28:47	4:12
255	15825	Lyngholm, Kasper	78	DEN	Vejele IF/Viborg	M30	43	271	2:57:26	0:39:44	1:20:14	2:01:04	2:46:06	1:24:37	1:32:50	4:12
256	10704	Wendeling, Stephan	69	GER	Feuerwehr Sande/Sand	M40	60	272	2:57:27	0:40:25	1:20:29	2:01:59	2:47:18	1:24:47	1:32:40	4:12
257	7204	Schmid, Markus	67	GER	SCC Berlin/Berlin	M40	61	273	2:57:28	0:39:23	1:19:31	2:01:37	2:47:31	1:24:02	1:33:26	4:12
258	4405	Krüger, Norbert	57	GER	Möbel Kraft Jubiläumsl	M50	8	274	2:57:32	0:40:11	1:21:52	2:04:04	2:48:02	1:26:26	1:31:07	4:12
259	5802	Feierabend, Björn	75	GER	LG Aßlar - Werdorf/Bra	M35	50	275	2:57:34	0:38:37	1:17:46	1:58:03	2:46:39	1:22:02	1:35:32	4:12
260	5308	Vanek, Reinhard	72	AUT	ÖAMTC Hrinkow Bikes	M35	51	276	2:57:34	0:41:28	1:22:45	2:03:58	2:47:36	1:27:12	1:30:23	4:12
261	5103	Bornholdt, Florian	83	GER	-/Elmshorn	MH	43	277	2:57:36	0:40:37	1:21:38	2:02:52	2:47:34	1:26:04	1:31:32	4:12
262	12503	Planquais, Patrice	67	FRA	CSM Rosny/Seine/Ma	M40	62	278	2:57:39	0:41:24	1:23:11	2:05:33	2:48:32	1:27:52	1:29:48	4:12
263	12903	Tönjann, Udo	66	GER	TV Gronau/Gronau	M40	63	279	2:57:41	0:40:19	1:21:18	2:03:09	2:47:33	1:25:46	1:31:55	4:12
264	6909	Klingelhöller, Christian	85	GER	Kaifu-Tri-Team/Hambu	MH	44	280	2:57:45	0:41:40	1:22:40	2:03:37	2:47:30	1:27:05	1:30:41	4:12
265	20242	Srocke, Ole	90	GER	-/Hamburg	MH	45	281	2:57:47	0:42:50	1:25:00	2:06:44	2:48:43	1:29:31	1:28:17	4:12
266	17503	Bender, Danny	75	GER	Rendsburger TSV/Goo	M35	52	282	2:57:47	0:40:25	1:20:54	2:03:03	2:48:15	1:25:23	1:32:25	4:12
267	5701	Egli, Alois	63	SUI	LSV Winterthur/8405	M45	52	283	2:57:47	0:39:51	1:21:22	2:02:58	2:47:29	1:25:52	1:31:56	4:12
268	5004	Gebhard, Boris	75	GER	RC Isar Amper/Zolling	M35	53	284	2:57:48	0:42:16	1:24:19	2:05:55	2:48:19	1:28:49	1:29:00	4:12
269	2211	Vega Gutierrez, Winst	70	BOL	SCC/Berlin	M40	64	285	2:57:50	0:40:21	1:19:29	1:59:46	2:46:54	1:23:50	1:34:00	4:12
270	7704	Rutsch, Hannes	81	GER	TV Jahn Schneverding	MH	46	286	2:57:51	0:41:39	1:23:50	2:05:44	2:48:29	1:28:26	1:29:25	4:12
271	4809	Eisele, David	70	GER	ASC Konstanz/Konst	M40	65	287	2:57:52	0:41:48	1:23:59	2:05:52	2:48:20	1:28:34	1:29:18	4:12
272	19432	Brede, Benjamin	86	GER	Peek & Cloppenburg H	MH	47	288	2:57:52	0:42:40	1:25:45	2:08:24	2:49:15	1:30:30	1:27:23	4:12
273	801	Schoelen, Henning	81	GER	TV Goch/Düsseldorf	MH	48	289	2:57:54	0:42:31	1:25:19	2:06:53	2:48:27	1:29:55	1:27:59	4:12
274	15702	Bröcker, Benjamin	89	GER	Tri Finish Münster/4914	MH	49	290	2:57:54	0:39:31	1:19:29	2:00:43	2:46:54	1:23:53	1:34:02	4:12
275	15604	Nordmeier, Axel	62	GER	-/Reinbeck	M45	53	291	2:57:55	0:40:42	1:22:12	2:04:00	2:48:15	1:26:41	1:31:15	4:12
276	11807	Ejlertsen, Dr. Jonas	78	DEN	Kirkeby Løbekklub/Oden	M30	44	292	2:57:56	0:41:39	1:23:14	2:05:24	2:48:22	1:28:05	1:29:52	4:13
277	17803	van Hall, Patrick	70	GER	TV Lilienthal/Lilienthal	M40	66	293	2:57:57	0:41:29	1:24:02	2:06:13	2:48:41	1:28:31	1:29:26	4:13
278	3605	Peemöller, Sven	68	GER	100 Marathon Club/Ba	M40	67	294	2:57:58	0:40:30	1:21:47	2:03:49	2:48:04	1:26:15	1:31:43	4:13
279	5709	Baek, Peter	68	DEN	Aarhus 1900/Hoejbjerg	M40	68	295	2:58:03	0:41:49	1:23:41	2:05:39	2:48:38	1:28:13	1:29:51	4:13
280	10710	Ruiz, Jaime	82	ESP	PEDROLA/Oldenburg	MH	50	296	2:58:04	0:39:59	1:20:20	2:01:42	2:47:35	1:24:41	1:33:23	4:13
281	5102	Peinemann, Peter	59	GER	SV Dießen/Horb	M50	9	297	2:58:05	0:42:41	1:24:24	2:05:59	2:48:36	1:28:53	1:29:13	4:13
282	5504	Lehner, Lothar	70	GER	M.O.N./Pleinfeld	M40	69	298	2:58:06	0:38:44	1:18:12	1:59:00	2:46:38	1:22:27	1:35:39	4:13
283	19703	Fuhrer, Roman	80	SUI	Bigpoint Runners/Hamt	M30	45	299	2:58:07	0:41:01	1:22:48	2:05:35	2:48:34	1:27:35	1:30:33	4:13
284	14907	Danger, Frank	64	GER	BSG Edeka / BSV HH	M45	54	300	2:58:07	0:40:01	1:20:04	2:02:37	2:48:02	1:24:34	1:33:34	4:13
285	8401	Primas, Christian	70	GBR	TH Eilbeck/Hamburg	M40	70	301	2:58:08	0:42:47	1:25:41	2:07:29	2:48:29	1:30:04	1:28:05	4:13
286	20110	Altmeyer, Sebastian	81	GER	-/Saarlouis	MH	51	302	2:58:10	0:41:57	1:24:42	2:06:42	2:49:02	1:29:18	1:28:52	4:13
287	4913	Wagemaker, Simon	82	GER	-/Salzbergen	MH	52	303	2:58:11	0:40:46	1:21:53	2:03:45	2:48:14	1:26:20	1:31:52	4:13
288	8501	Wenck, Thomas	61	GER	TuS Aumühle-Wohlt	M45	55	304	2:58:12	0:42:10	1:25:00	2:06:48	2:49:01	1:29:37	1:28:36	4:13
289	775	Dülks, Roman	64	GER	Krefelder Kanu Klub/Mc	M45	56	305	2:58:13	0:39:51	1:20:41	2:02:43	2:47:48	1:25:08	1:33:06	4:13
290	10804	Gehne, Jörg	62	GER	Tangermünder LV 94/	M45	57	306	2:58:13	0:41:46	1:23:34	2:06:20	2:49:05	1:28:06	1:30:08	4:13
291	12497	Andrzejak, Dariusz	67	POL	-/Wroclaw	M40	71	307	2:58:14	0:42:45	1:24:33	2:06:12	2:48:56	1:29:06	1:29:09	4:13
292	2405	Jensen, Tom	59	DEN	-/Odense M	M50	10	308	2:58:15	0:40:40	1:21:50	2:03:58	2:48:15	1:26:21	1:31:55	4:13
293	8303	Wellhausen, Dr. Gunthe	66	GER	-/80469	M40	72	309	2:58:17	0:42:05	1:24:25	2:06:18	2:49:00	1:28:52	1:29:25	4:13
294	19304	Dummert, Erhard	58	GER	DAV Röthenbach/Sim	M50	11	310	2:58:18	0:40:18	1:20:58	2:04:47	2:48:57	1:25:26	1:32:52	4:13
295	5903	Heinrich, Uwe	57	GER	BSG Mecklenburgjisc	M50	12	311	2:58:19	0:40:59	1:22:35	2:04:21	2:48:27	1:27:05	1:31:14	4:13
296	22407	Brunner, Thomas	84	GER	DAV Schwabach/Nürn	MH	53	312	2:58:19	0:41:59	1:24:44	2:06:45	2:49:09	1:29:20	1:29:00	4:13
297	27903	Rittmeister, Lutz	59	GER	Phillips LG/BSV HH/Har	M50	13	313	2:58:20	0:43:16	1:25:33	2:07:27	2:49:19	1:30:10	1:28:11	4:13
298	8703	Juola, Ville	76	FIN	-/Espoo	M30	46	314	2:58:21	0:42:12	1:24:02	2:06:19	2:48:53	1:28:36	1:29:45	4:13
299	9304	Pockrandt, Jens	63	GER	Team Fitness-Studio C	M45	58	315	2:58:23	0:41:49	1:23:39	2:05:25	2:48:59	1:28:09	1:30:14	4:13
300	22004	Breitschaft, Johannes	86	GER	Laface-Team Weiden/E	MH	54	316	2:58:23	0:41:40	1:23:02	2:04:22	2:48:11	1:27:26	1:30:58	4:13

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Platz	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Pos	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
301	22203	Plakolm, Alexander	61	AUT	ULC Bludenz/Bludenz	M45	59	317	2:58:24	0:41:02	1:22:30	2:04:37	2:48:29	1:27:02	1:31:22	4:13
302	19902	Kummer, Bernd	66	GER	LG Gelstertal/Witzenha	M40	73	318	2:58:26	0:40:59	1:22:48	2:04:20	2:47:56	1:27:21	1:31:05	4:13
303	22002	Köhn, Stefan	72	GER	BTC-Herne/Herne	M35	54	319	2:58:28	0:42:07	1:24:47	2:07:07	2:49:15	1:29:22	1:29:06	4:13
304	2448	Schlag, Marcel	87	GER	LG HNF Hamburg/Ha	MH	55	320	2:58:29	0:40:17	1:20:52	2:03:32	2:47:44	1:25:18	1:33:12	4:13
305	15303	Pingel, Lars	75	GER	TSV Großenwörden/H	M35	55	321	2:58:30	0:40:41	1:21:50	2:03:38	2:48:28	1:26:21	1:32:10	4:13
306	7104	Bang, Emanuel	84	GER	Barkeeper/Oberdorla	MH	56	322	2:58:30	0:41:54	1:23:30	2:06:08	2:49:47	1:28:02	1:30:28	4:13
307	3511	Roy, Dr. Anand	76	GER	Brehmer Sports/Leip	M30	47	323	2:58:30	0:42:01	1:24:47	2:06:44	2:49:31	1:29:22	1:29:09	4:13
308	10910	Larsen, Lars	73	DEN	OGIF/Oure	M35	56	324	2:58:32	0:41:59	1:23:41	2:06:03	2:49:06	1:28:15	1:30:18	4:13
309	9902	Timm, Thomas	58	GER	Philips LG / BSV HH/He	M50	14	325	2:58:32	0:41:49	1:23:47	2:05:29	2:48:51	1:28:20	1:30:13	4:13
310	19909	Thoms, Stefan	64	GER	USC Kiel/Kiel	M45	60	326	2:58:34	0:40:35	1:20:41	2:02:38	2:47:46	1:25:07	1:33:27	4:13
311	13802	Url, Manfred	80	GER	TV Fürth 1860 Maratho	M30	48	327	2:58:34	0:41:55	1:23:52	2:06:21	2:49:18	1:28:28	1:30:07	4:13
312	602	Bonnen, Florian	87	GER	-/Kaarst	MH	57	328	2:58:35	0:42:06	1:24:48	2:06:50	2:49:09	1:29:23	1:29:13	4:13
313	11203	Pottebaum, Peter	75	GER	ESV Münster/41379	M35	57	329	2:58:36	0:41:03	1:23:00	2:05:19	2:49:18	1:27:34	1:31:02	4:13
314	205	Doodeman, Stephan	65	NED	Laufftreff Ganderkesee/	M45	61	330	2:58:36	0:41:43	1:23:55	2:05:23	2:48:45	1:28:26	1:30:11	4:13
315	16104	Fedder, Ingo	60	GER	Rot-Gelb Shell / BSV H	M50	15	331	2:58:37	0:41:11	1:22:58	2:05:20	2:49:04	1:27:31	1:31:07	4:13
316	17603	Megla, Edmund	62	AUT	hurtigflink Itc/Graz	M45	62	332	2:58:39	0:41:23	1:23:08	2:05:39	2:49:26	1:27:40	1:30:59	4:14
317	8905	Borg, Jørgen	66	DEN	Esbjerg atletik og moti	M40	74	333	2:58:39	0:41:58	1:24:09	2:06:32	2:49:08	1:28:43	1:29:56	4:14
318	17404	Williamson, Christopher	69	NAM	LTV Kiel-Ost/Preetz	M40	75	334	2:58:39	0:40:04	1:20:31	2:02:02	2:48:17	1:24:54	1:33:46	4:14
319	17604	Reinke, Bernd	68	GER	ohne/Langenlehsten	M40	76	335	2:58:39	0:39:40	1:20:45	2:02:44	2:48:39	1:25:12	1:33:28	4:14
320	7804	Nielsen, Jan	69	DEN	SMT Silkeborg/Silkebo	M40	77	336	2:58:39	0:41:30	1:23:07	2:04:37	2:48:06	1:27:42	1:30:58	4:14
321	17103	Bucher, Andreas	69	GER	-/Neuried	M40	78	337	2:58:40	0:42:04	1:24:31	2:06:47	2:49:18	1:29:07	1:29:33	4:14
322	18604	Haberstock, Philipp	71	GER	Triabolos Hamburg/Har	M35	58	338	2:58:40	0:42:05	1:24:44	2:07:02	2:49:33	1:29:23	1:29:18	4:14
323	11607	Nufer, Heiko	78	GER	-/Bühl	M30	49	339	2:58:41	0:41:41	1:23:39	2:05:44	2:48:54	1:28:14	1:30:27	4:14
324	12805	Schuh, Günter	69	GER	TV Heilsbronn/Dietenh	M40	79	340	2:58:41	0:40:36	1:21:46	2:03:04	2:47:28	1:26:15	1:32:27	4:14
325	7304	Klingenberg, Jörg	65	GER	VfL Wathlingen/Wathli	M45	63	341	2:58:41	0:40:48	1:22:15	2:04:33	2:48:49	1:26:47	1:31:54	4:14
326	11502	Kaufmann, Konrad	63	GER	Worber Runners/Urte	M45	64	342	2:58:41	0:41:35	1:24:00	2:06:24	2:49:10	1:28:34	1:30:08	4:14
327	16902	Zbinden, Thomas	72	SUI	-/6214	M35	59	343	2:58:42	0:40:50	1:22:30	2:03:56	2:48:58	1:26:56	1:31:47	4:14
328	10401	Cunha, Ian	77	BIZ	-/Hamburg	M30	50	344	2:58:43	0:37:11	1:16:06	1:58:08	2:47:37	1:20:31	1:38:13	4:14
329	9802	Strieker, Ewald	53	GER	LGV Marathon Giess	M55	4	346	2:58:45	0:41:30	1:23:06	2:04:57	2:48:42	1:27:39	1:31:07	4:14
330	10305	Starup-Kjærgaard, Thor	78	DEN	Teampuls - Aarhus 19	M30	51	347	2:58:46	0:40:43	1:21:08	2:02:25	2:46:38	1:25:33	1:33:14	4:14
331	13805	Göntgens, Michael	81	GER	Spiridon Frankfurt/Fra	MH	58	348	2:58:48	0:41:49	1:23:59	2:05:57	2:48:48	1:28:32	1:30:16	4:14
332	19008	Meyer-Burkhard, Thomaz	59	SUI	Läufergruppe Derending	M50	16	349	2:58:48	0:40:23	1:22:17	2:06:05	2:49:28	1:26:50	1:31:59	4:14
333	4204	Vejlgaard, Keld	69	DEN	SKIVE AM/Skive	M40	80	350	2:58:49	0:41:59	1:24:43	2:06:44	2:49:31	1:29:19	1:29:30	4:14
334	20302	Vogeler, Sascha	82	GER	-/Witzenhausen	MH	59	351	2:58:50	0:40:59	1:22:48	2:04:25	2:48:39	1:27:22	1:31:28	4:14
335	11603	Kuzmin, Alexander	71	GER	LAZ Salamander Korn	M35	60	352	2:58:50	0:41:41	1:23:54	2:06:24	2:49:38	1:28:29	1:30:21	4:14
336	12605	Eichmann, Jörn	82	GER	ETV-Kiel/Kiel	MH	60	353	2:58:50	0:39:26	1:20:20	2:03:23	2:48:22	1:24:57	1:33:54	4:14
337	3810	Hansen, Birger	79	GER	-/Habichtswald	M30	52	354	2:58:50	0:42:33	1:25:11	2:07:25	2:49:33	1:29:50	1:29:00	4:14
338	16002	Pulfer, Peter	63	GER	Allgäu Outlet Raceteam	M45	65	355	2:58:50	0:40:44	1:21:20	2:03:18	2:48:36	1:26:25	1:32:26	4:14
339	8710	Wilson, Thomas	64	DEN	vejen tri & motion/Veje	M45	66	356	2:58:51	0:41:58	1:24:37	2:06:37	2:49:21	1:29:14	1:29:38	4:14
340	10012	Wille, Niklas	85	GER	-/Seevetal	MH	61	357	2:58:53	0:41:14	1:22:44	2:05:07	2:49:36	1:27:14	1:31:40	4:14
341	4402	Talbro, Henrik	66	DEN	-/Odense S	M40	81	358	2:58:53	0:40:36	1:21:04	2:02:42	2:48:09	1:25:32	1:33:22	4:14
342	9002	Rauschenberger, Chri	60	GER	Bio Runner Rhein-Main	M50	17	359	2:58:56	0:41:56	1:24:21	2:06:50	2:49:32	1:29:04	1:29:53	4:14
343	10905	Simonsen, Jørgen	70	DEN	AAIG Aabenraa/Aaben	M40	82	360	2:58:57	0:42:07	1:25:13	2:06:51	2:49:39	1:29:38	1:29:20	4:14
344	13807	Schmieder, Hubert	53	GER	Lauterbach/Lauterbach	M55	5	361	2:58:59	0:42:03	1:24:31	2:06:49	2:49:38	1:29:10	1:29:50	4:14
345	22308	Schneider, Axel	61	GER	Schwarz-Weiß Oldenb	M45	67	362	2:59:01	0:42:17	1:25:05	2:07:19	2:49:41	1:29:41	1:29:21	4:14
345	18204	Kastendiek, Joerg	64	GER	-/Bremen	M45	67	362	2:59:01	0:42:10	1:24:54	2:07:04	2:49:45	1:29:30	1:29:32	4:14
347	13304	Runde, Frank	70	GER	VfL Kloster Oesede/Ha	M40	83	364	2:59:02	0:41:06	1:23:35	2:06:01	2:49:26	1:28:12	1:30:51	4:14
348	18502	Gochermann, Christian	74	GER	BSG Springorum Boch	M35	61	365	2:59:06	0:41:33	1:23:02	2:04:50	2:49:09	1:27:28	1:31:39	4:14
349	1305	Hesselmann, Hendrik	64	GER	-/Hamburg	M45	69	366	2:59:09	0:40:08	1:23:21	2:01:36	2:47:44	1:28:15	1:30:55	4:14
350	1703	Hirsbrunner, Detlef	59	GER	NORD/LB/Braunschwe	M50	18	367	2:59:10	0:41:17	1:23:18	2:06:03	2:49:49	1:27:57	1:31:13	4:14

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Platz	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Pos	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
351	1168	Gau, Axel	68	GER	Victoria Lauenau/Lauen	M40	84	368	2:59:11	0:40:58	1:22:37	2:04:25	2:49:03	1:27:06	1:32:05	4:14
352	20609	Monk, Stephen	68	GBR	TSV Lichtenwald/Balt	M40	85	369	2:59:11	0:42:02	1:24:11	2:06:16	2:49:37	1:28:48	1:30:23	4:14
353	10105	Wiffling, Florian	75	AUT	-/Gleisdorf	M35	62	370	2:59:13	0:42:19	1:24:54	2:07:23	2:50:12	1:29:32	1:29:41	4:14
354	14009	Flörchinger, Andreas	71	GER	LSG Zeiskam/Zeiskam	M35	63	371	2:59:15	0:42:03	1:24:47	2:06:47	2:49:36	1:29:22	1:29:53	4:14
355	14109	Haßlinger, Johannes	78	GER	LG Nienburg/Hamburg	M30	53	372	2:59:15	0:42:03	1:24:47	2:06:49	2:49:36	1:29:23	1:29:53	4:14
356	6903	Plankensteiner, Günthe	72	ITA	macki nacki/Sand in T	M35	64	373	2:59:16	0:39:31	1:20:27	2:03:14	2:48:53	1:25:00	1:34:17	4:14
357	19202	Bohe, Olaf	64	GER	LT Waltrop/Waltrop	M45	70	374	2:59:17	0:39:46	1:21:04	2:04:02	2:49:19	1:25:37	1:33:41	4:14
358	704	Vogg, Walter	64	GER	LG Reischenau-Zusam	M45	71	375	2:59:18	0:39:20	1:20:14	2:02:50	2:49:11	1:24:47	1:34:32	4:14
359	6305	Splithoff, Hans Georg	66	GER	BSG OTTO / BSV HH	M40	86	376	2:59:19	0:41:19	1:23:09	2:04:58	2:49:00	1:27:38	1:31:41	4:14
360	710	Pedersen, Lars	76	DEN	-/Vejele	M30	54	377	2:59:19	0:42:09	1:24:56	2:07:22	2:50:04	1:29:35	1:29:44	4:14
361	6505	Peschel-Sielmann, Man	60	GER	BSG Siemens / BSV H	M50	19	378	2:59:19	0:41:43	1:23:56	2:05:52	2:49:29	1:28:28	1:30:51	4:14
362	411	Jaacks, Ulrich	62	GER	BSG Medeco Klinik / B	M45	72	379	2:59:20	0:42:03	1:23:55	2:05:53	2:49:31	1:28:27	1:30:53	4:14
363	18503	Kremeskötter, Nils	78	GER	-/Dortmund	M30	55	380	2:59:21	0:42:10	1:24:48	2:06:54	2:50:10	1:29:23	1:29:58	4:15
364	505	Behnen, Werner	62	GER	Werlter Fitness-Studio/	M45	73	381	2:59:21	0:42:14	1:24:58	2:07:00	2:49:59	1:29:33	1:29:48	4:15
365	5604	Nordtorp Jorgensen, H	74	DEN	Sparta/Lyngby	M35	65	382	2:59:21	0:39:01	1:19:01	2:00:18	2:48:05	1:23:25	1:35:56	4:15
366	17308	Moser, Bernd	78	GER	Autogas Kramer Oberg	M30	56	383	2:59:21	0:41:26	1:23:29	2:06:15	2:49:29	1:28:07	1:31:15	4:15
367	15102	Haderer, Thomas	78	AUT	LC Weingut Primus/P	M30	57	384	2:59:27	0:40:48	1:22:32	2:05:13	2:50:00	1:27:05	1:32:22	4:15
368	9710	Bourgnon, Frank	73	LUX	-/Roodt-sur-Syre	M35	66	385	2:59:27	0:42:01	1:24:47	2:07:09	2:50:06	1:29:22	1:30:05	4:15
369	6311	Steinkamp, Robert	76	GER	GW Westkirchen/Enn	M30	58	386	2:59:27	0:40:46	1:21:40	2:04:12	2:49:28	1:26:10	1:33:18	4:15
370	12410	Schlegel, Christian	87	GER	Möbel Kraft Jubiläumsl	MH	62	387	2:59:28	0:42:53	1:25:16	2:07:48	2:50:23	1:29:50	1:29:38	4:15
371	333	Scheffler, Marco	74	GER	BSG Dresdner Bank / B	M35	67	388	2:59:29	0:40:22	1:21:47	2:05:14	2:49:59	1:26:19	1:33:10	4:15
372	12402	Elsässer, Jürgen	66	GER	Café Max Donauwörth	M40	87	389	2:59:29	0:42:00	1:24:05	2:06:13	2:49:39	1:28:37	1:30:53	4:15
373	2808	Ebmeyer, Dr. Frank	61	GER	LT MTV Lüneburg/Lü	M45	74	390	2:59:31	0:42:31	1:24:51	2:06:56	2:50:10	1:29:28	1:30:03	4:15
373	9003	Westenberger, Udo	75	GER	-/Mühlheim	M35	68	390	2:59:31	0:41:58	1:24:20	2:07:02	2:50:00	1:29:00	1:30:31	4:15
375	16803	Baur, Wolfgang	62	AUT	TS Lauterach/Lautera	M45	75	392	2:59:33	0:40:04	1:20:52	2:04:16	2:49:38	1:25:42	1:33:51	4:15
376	18516	Schumacher, Marko	71	GER	Tünnes Stuttgart/Stu	M35	69	393	2:59:33	0:41:58	1:24:41	2:06:45	2:49:41	1:29:18	1:30:16	4:15
377	9407	Scholz, Steffen	70	GER	Les Croupiers/Cardiff	M40	88	394	2:59:33	0:41:27	1:22:46	2:04:51	2:49:15	1:27:20	1:32:14	4:15
378	4208	Frank, Thomas	80	DEN	Vejele IF/Vejele	M30	59	395	2:59:35	0:41:48	1:24:03	2:06:17	2:50:11	1:28:39	1:30:57	4:15
379	4602	Heinig, Martin	82	GER	-/Hamburg	MH	63	396	2:59:36	0:42:16	1:24:55	2:07:01	2:50:08	1:29:32	1:30:04	4:15
380	14605	Leuthäuser, Martin	63	GER	SG Neunkirchen am B	M45	76	397	2:59:38	0:41:52	1:23:50	2:05:56	2:49:51	1:28:21	1:31:17	4:15
381	19604	Collen, Aviv	72	ISR	ratzei ramat hasharon/I	M35	70	398	2:59:39	0:41:56	1:24:04	2:06:31	2:49:59	1:28:38	1:31:01	4:15
382	18877	Dijks, Peter	56	NED	Haag Atletiek/Rijswijk	M50	20	399	2:59:43	0:41:07	1:23:07	2:05:25	2:49:51	1:27:39	1:32:04	4:15
383	18620	Krastev, Ulli	69	GER	BSG Atlético Bacard	M40	89	400	2:59:44	0:42:43	1:25:22	2:07:57	2:50:35	1:29:59	1:29:45	4:15
384	18103	Carl, Dr. Christoph	66	GER	Spiridon Rureifel/Düre	M40	90	401	2:59:45	0:41:05	1:23:27	2:06:22	2:50:07	1:28:03	1:31:42	4:15
385	3802	Bruhn, Tobias	85	GER	-/Buchholz	MH	64	402	2:59:45	0:42:05	1:23:58	2:06:24	2:50:06	1:28:31	1:31:15	4:15
386	15204	Hölzl, Manfred	64	GER	TSV Oberisling/Regen	M45	77	403	2:59:46	0:42:05	1:24:52	2:07:20	2:50:40	1:29:25	1:30:21	4:15
387	18803	Herbert, Dr. Tobias	66	GER	SC Barolo Bensheim/B	M40	91	404	2:59:47	0:41:26	1:23:01	2:06:02	2:50:17	1:27:36	1:32:12	4:15
388	7702	Schweiger, Stephan	77	GER	Triathlon Team Rhein I	M30	60	405	2:59:49	0:41:07	1:22:48	2:04:44	2:49:44	1:27:18	1:32:31	4:15
389	18102	Hille, Klaus Peter	55	GER	TG Viktoria Augsburg/A	M55	6	406	2:59:49	0:40:01	1:20:30	2:01:34	2:49:48	1:24:51	1:34:58	4:15
390	3302	Wriedt, Mario	81	GER	TriTeam Schellhorn/P	MH	65	407	2:59:50	0:42:01	1:24:47	2:06:49	2:50:17	1:29:21	1:30:30	4:15
391	19977	Vroemen, Dr. Simon	69	NED	-/Den Haag	M40	92	408	2:59:51	0:41:15	1:23:14	2:06:00	2:49:58	1:27:46	1:32:05	4:15
392	11210	Riedel, Stefan	62	GER	Freie Waldorfschule FI	M45	78	409	2:59:53	0:40:54	1:23:03	2:06:02	2:50:19	1:27:35	1:32:18	4:15
393	4817	Brunner, Dieter	69	GER	MTP Hersbruck/Pomme	M40	93	410	2:59:54	0:42:02	1:23:52	2:05:49	2:50:06	1:28:26	1:31:29	4:15
394	498	Kocyba, Henryk	55	POL	-/Lubliniec	M55	7	411	2:59:55	0:43:08	1:25:14	2:07:21	2:50:22	1:29:52	1:30:03	4:15
395	4707	Wiech, Robert	70	GER	-/Neuss	M40	94	412	2:59:58	0:41:11	1:22:37	2:04:52	2:49:33	1:27:08	1:32:50	4:15
396	5605	Karlström, Peter	80	SWE	Heleneholms IF/Malmö	M30	61	413	3:00:02	0:40:34	1:21:23	2:03:06	2:49:19	1:25:51	1:34:11	4:15
397	21104	Jessen, Mogens	78	DEN	SMT Silkeborg/Silkebo	M30	62	414	3:00:05	0:42:00	1:24:13	2:06:18	2:49:47	1:28:46	1:31:19	4:16
398	13808	Jauch, Christian	81	GER	Triabolas Hamburg e.V	MH	66	415	3:00:08	0:41:58	1:24:42	2:06:45	2:50:40	1:29:17	1:30:51	4:16
399	17907	Kraatz, Michael	66	GER	Härte >10</Tholey/Ber	M40	95	416	3:00:14	0:42:40	1:25:23	2:08:33	2:51:12	1:30:01	1:30:14	4:16
400	17204	Engelhoven, Dominic	85	GER	Marathon-Club Eschwe	MH	67	417	3:00:15	0:42:19	1:24:36	2:06:52	2:50:33	1:29:13	1:31:03	4:16

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Platz	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Pos	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
401	12510	Bünning, Ralf	67	GER	Möbel Kraft Jubiläumsl	M40	96	419	3:00:18	0:42:44	1:25:01	2:07:22	2:50:52	1:29:31	1:30:47	4:16
402	14203	Laame, André	79	GER	-/Hamburg	M30	63	420	3:00:23	0:41:02	1:22:30	2:04:19	2:49:37	1:26:55	1:33:28	4:16
403	13504	Dönneweg, Dr. Markus	62	GER	TuS Ormesheim/Saar	M45	79	421	3:00:27	0:42:25	1:24:55	2:07:07	2:50:35	1:29:31	1:30:56	4:16
404	1807	Hast, Armin	68	GER	TV 03 Breitenbach/Beb	M40	97	422	3:00:27	0:40:17	1:21:48	2:04:30	2:50:08	1:26:22	1:34:06	4:16
405	11105	Malarz, Luke	78	GBR	Chepstow Harriers/N	M30	64	423	3:00:28	0:41:09	1:22:56	2:05:22	2:50:30	1:27:25	1:33:03	4:16
406	18202	Kunzmann, Thorsten	78	GER	FüAk Bw/München	M30	65	424	3:00:32	0:42:18	1:24:47	2:06:55	2:50:21	1:29:24	1:31:09	4:16
407	19204	Lyngholm, Jonas	87	DEN	UreTiAlt.dk - Køge Tri	MH	68	425	3:00:33	0:43:05	1:25:57	2:08:32	2:51:33	1:30:30	1:30:03	4:16
408	21403	Resch, Georg	83	AUT	union klaffer am hochfi	MH	69	426	3:00:36	0:43:51	1:27:22	2:10:26	2:52:13	1:32:06	1:28:30	4:16
409	15809	Berger, Markus	64	GER	TV Friesen Telgte/Telg	M45	80	427	3:00:36	0:42:06	1:24:51	2:06:55	2:50:48	1:29:27	1:31:10	4:16
410	4304	Hirschinger, Klaus	59	GER	LG Kapellen-Drusweil	M50	21	428	3:00:38	0:42:04	1:24:50	2:06:53	2:50:17	1:29:24	1:31:15	4:16
411	10178	Grabbe, Cordt	78	GER	Team twinfitt/Aerzen	M30	66	429	3:00:42	0:42:00	1:25:24	2:08:34	2:51:40	1:30:01	1:30:42	4:16
412	4509	Gött, Klaus	57	GER	VfL Brandenburg/Have	M50	22	430	3:00:43	0:41:34	1:23:59	2:06:34	2:50:41	1:28:37	1:32:06	4:16
413	14509	Thaler, Hans	67	GER	SC Haag/Babensham	M40	98	431	3:00:44	0:42:17	1:25:03	2:07:48	2:50:58	1:29:44	1:31:00	4:16
414	1702	Jackel, Manuel	87	GER	-/Biebergemünd	MH	70	432	3:00:51	0:42:39	1:25:10	2:07:27	2:50:57	1:29:45	1:31:07	4:17
415	10201	Mølgaard, Benny	71	DEN	-/Århus	M35	71	433	3:00:54	0:39:46	1:19:40	2:00:12	2:49:01	1:23:58	1:36:57	4:17
416	1070	Lopez, Santiago	67	ESP	Adyton/Elmshorn	M40	99	434	3:01:02	0:41:31	1:23:24	2:05:57	2:50:34	1:28:00	1:33:03	4:17
417	15908	Rolfsen, Ludger	67	GER	SV Eintracht Neuenkirc	M40	100	435	3:01:06	0:42:20	1:24:35	2:06:52	2:51:20	1:29:14	1:31:52	4:17
418	8808	Bukh, Morten Roslev	78	DEN	-/Aalborg Ost	M30	67	436	3:01:06	0:42:32	1:25:05	2:07:15	2:51:20	1:29:48	1:31:19	4:17
419	5003	Hanekamp, Christian	64	GER	Sparta Werlte/Werlte	M45	81	437	3:01:06	0:41:32	1:23:00	2:05:05	2:50:55	1:27:32	1:33:35	4:17
420	6504	Möller, Marc	64	GER	Laufftreff Ganderkesee/	M45	82	438	3:01:10	0:41:42	1:23:55	2:05:52	2:50:25	1:28:25	1:32:45	4:17
421	2609	Meyer, Klaus	70	GER	Spirit of Life/Pfaffing	M40	101	439	3:01:12	0:40:32	1:21:47	2:04:25	2:50:40	1:26:18	1:34:54	4:17
422	20910	Sørensen, Henrik	64	DEN	Aarhus 1900/Aarhus	M45	83	440	3:01:13	0:41:27	1:23:11	2:05:43	2:51:18	1:27:48	1:33:25	4:17
423	16904	Pastors, Dr. Andreas	65	GER	Dauerlauf/Köln	M45	84	441	3:01:13	0:41:44	1:24:03	2:06:59	2:51:35	1:28:43	1:32:31	4:17
424	17208	Reichl, Thomas	82	GER	Autogas Kramer Oberg	MH	71	442	3:01:16	0:41:26	1:23:29	2:06:14	2:50:46	1:28:08	1:33:08	4:17
425	6998	Nienhaus, Stephan	85	GER	Berufsfeuerwehr Hamb	MH	72	443	3:01:19	0:44:50	1:28:35	2:11:03	2:52:15	1:33:12	1:28:07	4:17
426	7476	Armbruster, Jochen	76	GER	SV Ohmenhausen/Reu	M30	68	444	3:01:21	0:41:06	1:21:47	2:02:45	2:48:21	1:26:08	1:35:14	4:17
427	1753	Waldeier, Klaus	63	GER	LT Waltrop/Waltrop	M45	85	445	3:01:25	0:40:45	1:22:25	2:04:24	2:51:03	1:26:57	1:34:29	4:17
428	12702	Hartmann, Tim	91	GER	FC Borussia Osterste	MJA	1	446	3:01:30	0:37:31	1:18:30	2:07:31	2:52:02	1:23:06	1:38:25	4:18
429	15002	Urbach, René	78	GER	FüAk Bw/Ammern	M30	69	447	3:01:33	0:42:53	1:25:39	2:09:03	2:52:18	1:30:24	1:31:10	4:18
430	10503	Engbers, Michael	79	GER	belalaSola/Bocholt	M30	70	448	3:01:36	0:42:34	1:25:18	2:07:53	2:51:31	1:29:51	1:31:46	4:18
431	5050	Wieker, Heinrich	65	GER	Jogmap/Burgdorf	M45	86	449	3:01:37	0:42:16	1:24:34	2:07:11	2:51:36	1:29:08	1:32:30	4:18
432	17304	Treimer, Martin	84	GER	TSV Harburg/Asbach-	MH	73	450	3:01:40	0:42:16	1:24:52	2:06:54	2:51:39	1:29:30	1:32:10	4:18
433	6404	Jensen, Martin Molster	75	DEN	-/Rodekro	M35	72	451	3:01:47	0:40:10	1:21:47	2:05:41	2:51:36	1:26:25	1:35:23	4:18
434	5363	Umbach, Frank	63	GER	TSV Rot-Weiß Körle/	M45	87	452	3:01:48	0:41:53	1:24:25	2:07:06	2:51:45	1:28:58	1:32:50	4:18
435	11563	Böker, Jürgen	63	GER	Ausbildungszentrum M	M45	88	453	3:01:48	0:40:49	1:22:32	2:05:06	2:51:30	1:27:04	1:34:44	4:18
436	2555	Pankow, Bernhard	59	GER	BSV Feuerwehr/ BSV H	M50	23	454	3:01:51	0:43:05	1:25:27	2:08:07	2:51:56	1:30:04	1:31:47	4:18
437	16318	Mönnich, Michael	75	GER	-/Brake	M35	73	457	3:01:56	0:43:13	1:25:51	2:08:54	2:52:41	1:30:29	1:31:27	4:18
438	11107	Berger, Heiko	74	GER	TSV Bad Griesbach/8	M35	74	458	3:01:57	0:41:56	1:24:22	2:06:31	2:51:02	1:28:58	1:33:00	4:18
439	20407	Raebrecht, Mark	76	GER	SOUK Antérieur Décor	M30	71	459	3:01:58	0:43:21	1:27:36	2:12:26	2:52:56	1:32:28	1:29:30	4:18
440	8803	Reinisch, Christian	59	GER	SV Bamberg/Bamberg	M50	24	460	3:02:00	0:41:37	1:24:20	2:07:06	2:51:27	1:28:56	1:33:05	4:18
441	6017	Konrad, Marco	68	GER	Action Sports Fun Runr	M40	102	461	3:02:00	0:43:06	1:25:59	2:08:26	2:52:10	1:30:39	1:31:22	4:18
442	9505	Hansen, Christian Rose	73	DEN	Mejdal/Holstebro	M35	75	462	3:02:04	0:42:41	1:25:12	2:08:09	2:52:28	1:29:54	1:32:11	4:18
443	14702	Siukonen, Jari	66	FIN	Tampere/Tampere	M40	103	463	3:02:10	0:42:10	1:25:07	2:08:00	2:52:26	1:29:45	1:32:25	4:19
444	18708	Vanderschot, Sven	75	GER	TSR Olympia Wilhelm	M35	76	464	3:02:13	0:43:20	1:25:39	2:07:42	2:51:47	1:30:06	1:32:07	4:19
445	3110	Lampka, Christian	81	GER	BV Garrel/Oldenburg	MH	74	465	3:02:15	0:42:06	1:24:42	2:07:35	2:52:00	1:29:26	1:32:50	4:19
446	11602	Sameien, Trond Bob	78	NOR	Bob Marley Runners/O	M30	72	466	3:02:18	0:42:18	1:25:01	2:07:16	2:50:46	1:29:38	1:32:40	4:19
447	21804	Goncz, Patrick	74	GER	DLZ Bad Lippspringe	M35	77	467	3:02:21	0:41:24	1:22:53	2:05:11	2:51:21	1:27:21	1:35:00	4:19
448	9805	Jeppesen, Brian	84	DEN	Fjends Fraeserne/Stoh	MH	75	468	3:02:21	0:42:31	1:24:48	2:07:08	2:51:00	1:29:27	1:32:54	4:19
449	19102	Kolassovits, Christian	66	GER	DLC Aachen/Aachen	M40	104	469	3:02:23	0:44:40	1:28:30	2:10:40	2:52:17	1:33:07	1:29:17	4:19
450	817	Ebel, Steffen	67	GER	-/Hardeggen	M40	105	470	3:02:24	0:43:21	1:25:48	2:08:30	2:52:33	1:30:23	1:32:01	4:19

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Ergebnisse Männer

Platz	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Pos	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
451	14005	Bendtsen, Benny	61	DEN	Jori/Holstebro	M45	89	471	3:02:24	0:41:35	1:23:43	2:06:24	2:51:33	1:28:19	1:34:06	4:19
452	12603	Mougnon, Christophe	69	GER	-/Wiesbaden	M40	106	472	3:02:25	0:41:38	1:23:34	2:06:03	2:51:17	1:28:05	1:34:20	4:19
453	11902	Faerber, Steffen	68	GER	Hannover 96 Triathl	M40	107	473	3:02:26	0:41:54	1:24:00	2:06:38	2:51:46	1:28:35	1:33:52	4:19
454	3669	Jungblut, Martin	75	GER	-/Dorsten	M35	78	474	3:02:26	0:41:08	1:22:57	2:05:10	2:51:41	1:27:33	1:34:53	4:19
455	8061	Splittorf, Michael	61	GER	Marathon-Dinslaken/46	M45	90	475	3:02:26	0:41:09	1:22:58	2:05:11	2:51:42	1:27:34	1:34:53	4:19
456	9602	Schläger, Marcel	81	GER	TSV Lelm/Braunschwe	MH	76	476	3:02:28	0:42:27	1:25:52	2:09:26	2:52:51	1:30:37	1:31:51	4:19
457	1859	Lamest, Thomas	88	GER	-/Taufkirchen	MH	77	477	3:02:28	0:41:26	1:22:10	2:03:34	2:50:29	1:26:35	1:35:54	4:19
458	20709	Herold, Uli	74	GER	LSG Iffezheim/Iffezhei	M35	79	478	3:02:30	0:42:05	1:24:25	2:06:51	2:51:51	1:29:02	1:33:28	4:19
459	8203	Hinz, Michael	66	GER	SFC Ottendorf/Heiken	M40	108	479	3:02:36	0:42:03	1:24:53	2:07:53	2:52:24	1:29:36	1:33:01	4:19
460	7305	Schwardt, Jens	74	GER	Eintracht Rellingen/Hals	M35	80	480	3:02:36	0:42:06	1:24:15	2:06:51	2:52:06	1:28:50	1:33:46	4:19
461	12804	Ernst, Carsten	70	GER	-/Hamburg	M40	109	481	3:02:37	0:42:04	1:24:49	2:07:56	2:52:51	1:29:25	1:33:12	4:19
462	4604	Tiemann, Thorsten	68	GER	TV Voerde/46569	M40	110	482	3:02:38	0:42:25	1:25:14	2:07:52	2:52:33	1:29:51	1:32:48	4:19
462	3603	Öztürk, Mehmet	62	GER	Fishtown Runners Bren	M45	91	482	3:02:38	0:43:59	1:26:42	2:09:27	2:52:54	1:31:17	1:31:22	4:19
464	4804	Grue Jensen, Lars	59	DEN	Ry løberne/Ry	M50	25	484	3:02:43	0:41:40	1:23:36	2:06:17	2:52:20	1:28:06	1:34:37	4:19
465	7810	Hvenegaard, Lasse	77	DEN	Korsør atletik og motio	M30	73	485	3:02:45	0:41:22	1:22:56	2:05:34	2:52:03	1:27:27	1:35:18	4:19
466	15003	Mitschker, Sebastian	80	GER	Wasser + Freizeit Mün	M30	74	487	3:02:49	0:40:43	1:22:05	2:04:55	2:52:06	1:26:37	1:36:12	4:19
467	10504	Lassen, Lars	71	GER	Gut Heil Itzehoe/Rosdo	M35	81	488	3:02:54	0:41:49	1:24:36	2:06:47	2:51:22	1:29:14	1:33:41	4:20
468	13814	Classen, Stefan	85	BEL	-/Amel	MH	78	489	3:02:55	0:40:01	1:21:18	2:04:48	2:52:08	1:25:52	1:37:04	4:20
469	14305	Lohner, Thomas	70	GER	SC Eschenbach/Esche	M40	111	490	3:03:01	0:42:32	1:25:20	2:07:39	2:51:46	1:29:58	1:33:04	4:20
470	17302	Traeger, Ralf	65	GER	-/Großbeeren	M45	92	491	3:03:04	0:42:18	1:25:04	2:07:45	2:53:02	1:29:42	1:33:22	4:20
471	15104	Surenbrock, Dierk	66	GER	Triabolas Hamburg e.V	M40	112	492	3:03:08	0:41:53	1:24:53	2:08:03	2:53:13	1:29:32	1:33:37	4:20
472	14103	Peters, Corne	64	NED	Spiridon/Raamsdonk	M45	93	493	3:03:09	0:40:18	1:21:22	2:02:55	2:51:48	1:25:51	1:37:18	4:20
473	6509	Hoffmann, Bernd	65	GER	TSV03 Wolfskehlen/G	M45	94	494	3:03:10	0:42:10	1:25:09	2:08:20	2:53:03	1:29:52	1:33:19	4:20
474	21902	Nielsen, Michael	70	DEN	ISOVER/Broyby	M40	113	495	3:03:13	0:41:00	1:22:31	2:04:28	2:51:45	1:27:01	1:36:12	4:20
475	5002	Maier, Michael	63	GER	fit for life/Karlsfeld	M45	95	496	3:03:14	0:42:23	1:25:18	2:08:20	2:53:14	1:29:58	1:33:16	4:20
476	12009	Thurm, Stefan	64	GER	USV Halle/Halle	M45	96	497	3:03:17	0:42:13	1:24:56	2:06:58	2:51:35	1:29:33	1:33:44	4:20
477	3402	Staudenrausch, Günthe	65	GER	SV Mindelzell/Kirchhas	M45	97	498	3:03:23	0:41:43	1:24:04	2:06:45	2:51:22	1:28:38	1:34:45	4:20
478	1109	Aufmkolk, Hendrik	84	GER	LSF Münster/Münster	MH	79	499	3:03:27	0:42:20	1:25:00	2:07:42	2:52:13	1:29:35	1:33:53	4:20
479	22307	Beyersdorff, Martin	68	GER	LG Celle Land/Wietze	M40	114	500	3:03:27	0:42:28	1:26:20	2:09:03	2:53:24	1:31:00	1:32:28	4:20
480	19004	Gasber, Martin	68	GER	-/Recklinghausen	M40	115	501	3:03:29	0:42:20	1:25:14	2:08:31	2:53:15	1:29:54	1:33:36	4:20
481	804	Saumweber, Bernhard	63	GER	LG Reichenau-Zusam	M45	98	502	3:03:30	0:39:51	1:21:06	2:04:39	2:51:43	1:25:44	1:37:46	4:20
482	21034	Soerensen, Rene	75	DEN	MTC/Viborg	M35	82	503	3:03:32	0:43:03	1:24:19	2:05:42	2:52:07	1:28:44	1:34:48	4:20
483	18709	Hölz, Marcus	70	GER	ASV Duisburg/Duisbur	M40	116	504	3:03:33	0:42:00	1:24:41	2:06:53	2:53:03	1:29:20	1:34:13	4:20
484	10003	Schmehl, Klaus	63	GER	LG Hamm/Hamm	M45	99	505	3:03:36	0:41:20	1:22:51	2:05:28	2:52:22	1:27:24	1:36:12	4:21
485	14504	Havel, Alec	69	CZE	prodoli/Oldenburg	M40	117	506	3:03:37	0:43:02	1:26:07	2:09:29	2:54:20	1:30:45	1:32:52	4:21
486	10705	Jacobsen, Ronni	77	DEN	Am Schnellsten/Viborg	M30	75	507	3:03:37	0:38:00	1:16:52	2:00:23	2:51:06	1:21:10	1:42:28	4:21
487	14507	Volland, Rainer	69	GER	Stammtisch Kurt Eisn	M40	118	508	3:03:37	0:41:30	1:23:35	2:06:44	2:52:28	1:28:11	1:35:26	4:21
488	3207	Sturm, Jochen	66	GER	WSP-Leitstelle Cuxha	M40	119	509	3:03:37	0:42:18	1:24:50	2:07:42	2:53:17	1:29:28	1:34:10	4:21
489	16504	Delsmann, Dr. Burkhar	62	GER	-/Warendorf	M45	100	510	3:03:38	0:41:37	1:24:00	2:06:49	2:53:10	1:28:36	1:35:03	4:21
490	17807	Bijnen, Maarten	72	NED	-/Wassenaar	M35	83	511	3:03:39	0:42:25	1:25:25	2:08:15	2:53:06	1:30:08	1:33:32	4:21
491	21402	Radke, Mario	67	GER	DBL Team RSG-Monta	M40	120	512	3:03:41	0:41:59	1:24:48	2:08:17	2:53:55	1:29:29	1:34:12	4:21
492	16602	Mietz, Richard	84	GER	LG Uni Lübeck/Lübeck	MH	80	513	3:03:43	0:41:38	1:23:54	2:06:12	2:53:27	1:28:27	1:35:17	4:21
493	6808	Goslar, Sven	71	GER	Hannover 96/Buchholz	M35	84	514	3:03:47	0:42:44	1:25:38	2:08:41	2:53:40	1:30:17	1:33:30	4:21
494	10308	Henke, Ralf	68	GER	-/Springe	M40	121	515	3:03:47	0:42:15	1:25:06	2:08:06	2:53:18	1:29:44	1:34:03	4:21
495	11908	Oppermann, Jan	82	GER	Nestwerk e. V./Ellerbek	MH	81	516	3:03:48	0:43:24	1:26:53	2:09:45	2:53:55	1:31:32	1:32:17	4:21
496	13105	Haury, Martin	63	GER	ASC Darmstadt/Mühl	M45	101	517	3:03:48	0:41:58	1:24:46	2:07:21	2:53:01	1:29:22	1:34:27	4:21
497	10402	Riedel, Peter	65	GER	-/München	M45	102	518	3:03:50	0:42:05	1:24:39	2:07:24	2:53:34	1:29:12	1:34:38	4:21
498	2812	Conrad, Bernd	72	GER	-/Hamburg	M35	85	519	3:03:50	0:41:41	1:24:13	2:08:07	2:54:08	1:28:47	1:35:04	4:21
499	16627	Westrich, Ralph	72	GER	Bundeswehr LTKdo St	M35	86	520	3:03:51	0:51:57	1:45:18			1:51:17	1:12:35	4:21
500	13915	Brüggemann, Benedikt	80	GER	Spiridon Frankfurt/Fra	M30	76	521	3:03:56	0:44:18	1:28:28	2:11:16	2:54:20	1:33:07	1:30:49	4:21